

President's Message	2
Treasurer's Report.....	3
News from Other Organizations	6
Clinicians & Money.....	7
Advocacy & Legislation	8
LISW Proposal News	10
Resources: DRADA	12
Annual Conference Info	13
Advanced Training at-a-Glance.....	15
DC Social Work Profiles.....	19
GWSCSW Book Corner.....	20
Out & About	21
Welcome New Members.....	21
Presidential Profiles	22
Continuing Education Courses.....	27
Committee Reports	28
Classified Ads	31
Calendar.....	32

Licensing Matters

Margot Aronson

Back in the days before licensing, thirty some years ago, clinical social workers practiced psychotherapy under the supervision of a “real” mental health professional—a psychiatrist or a psychologist. All of our notes and reports had to be co-signed to be legitimate.

We lobbied vigorously to be recognized, arguing that our standards for education, training, and supervised experience were similar to, and in some cases stronger than, those of psychologists. Ultimately, we convinced legislators of our qualifications to practice independently and to bill for our work.

Today, clinical social work practice is licensed in every state. That license assures referring professionals and individuals seeking help, that a particular practitioner has met specific standards and is qualified to diagnose and treat emotional and mental disorders.

Licensing provides security for practitioners and clients alike—but it is always at risk, and that is true today.

What, Me Worry? Why, Now That We’re Licensed?

Unfortunately, each jurisdiction has its own licensing law. Reciprocity and more uniform standards are far-off goals. Furthermore, laws can be changed; regulations can be changed. Challenges come up every couple of years in virtually every jurisdiction.

continued on page 4

March 23, 2007

GWSCSW Workshop: Getting Started In Private Practice

Save the date—March 23, 1:00 to 3:00 PM—for an informative GWSCSW workshop offering the suggestions and experience of members who have been in private practice for many years. The panel discussion will include starting a private practice, as well as how some have developed into serving particular populations, such as working with the chronically mentally ill, geriatrics, children/adolescents, and couple/sex therapy.

The workshop will be held at the home of Dorothy Wine in Tysons Corner, Virginia. This is a free event; however, space is limited. Please call 571-723-6424 for more information and to register. 2 CEUs will be awarded. ❖

GWSCSW SUNDAY BRUNCH MEETING

**Sunday, April 22
10:30 AM – 1:30 PM**

Chef Geoff’s
1301 Pennsylvania Avenue NW
(13th Street, between E and F)
Washington DC
(There is free street parking
on Sundays)

Speaker: Joan Berzoff:

**Topic:
Theoretical Developments in
Understanding Women’s
Development**

www.gwscsw.org
or call GWSCSW at 202-537-0007
(more information on page 13)

Advanced Clinical Training At-a-Glance: page 15

Greater Washington Society for Clinical Social Work, Inc.

PO Box 3235, Oakton VA 22124
202-537-0007

GWSCSW Board of Directors

President... Diana Seasonwein
Vice President (Education)... Joel Kanter
Vice President (Development)... Susan Post
Secretary... Barbarba Tahler
Treasurer... Ted Billings
Past President... Margot Aronson, Ex Officio
Advisors:
Beth Altman, Tricia Braun, Janet Dante
Connie Hendrickson

Liaisons to the Board

Advocacy & Legislation:
Danille Drake, Larry Goldes,
Alice Kassabian, Mary Lee Stein
Committee on Psychoanalysis: Sarah Pillsbury
Consortium for Psychoanalytic Research: Vacant
Disaster Preparedness: Tybe Diamond
Email Host: Joel Kanter
Retiree Liaison: Grace Lebow
Student Liaison: Vacant

Committee Heads

Continuing Education: Ted Billings
Ethics: Vacant
Membership: Melinda Salzman
Mentor Program: Sheila K. Rowny
Newsletter: Jennifer Kogan & Maya Godofsky
Outreach: Vacant
Referral Panel: Eileen Ivey & Patricia Garcia Golding

— ❖ —

GWSCSW NEWS & VIEWS

Editors: Jennifer Kogan & Maya Godofsky
Margot Aronson, Pat Driscoll, Rachael Fried,
Erin Gilbert, Martha Horne, Joel Kanter, Shoba Nayar,
Susan Post, Connie Ridgway, Diana Seasonwein,
Mary Lee Stein, Ann Wroth

News & Views is published four times a year:
March, June, September and December. The
deadline to submit articles and advertising is
the first of the month prior to publication.

Articles and letters expressing the personal
views of members on issues affecting the social
work profession are welcome and will be pub-
lished at the discretion of the editorial board.

Signed articles reflect the views of the authors;
Society endorsement is not intended.

For advertising rates see page 31

The next issue will be published
June 2007 and the deadline is April 20.

Email articles and ads to gwscsw@gmail.com

Contents copyrighted © 2007 GWSCSW

President's Message

Diana Seasonwein, LCSW-C



Remember my encounter with the parking enforcement officer? Well, the story continues. On the day the mail arrived with my copy of the newsletter, I grabbed the newsletter and stuffed it in my purse as I ran out the door. I parked in the same vicinity as the last time I met Mr. Parking Enforcement. And, there he was! I ran up to him and said, "Hello, do you remember me?" I'm not sure that he did, but I told him that I had something to show him, and I whipped out the newsletter so he could look at it. He was absolutely tickled and asked if he could have it. I said that, unfortunately, it was my only copy and I hadn't yet read it, but if he called my office, they would send him a copy. I called the office to give Jan a heads up, and checked back a few days later to see if he'd called, which he hadn't. Then I started carrying a copy of the newsletter around with me.

Of course, the next time I saw him, I didn't have a copy. I approached him, and said, "Hello, sir." He said, "Oh, the newsletter lady." I said, "Yes, what happened?" He said he had gotten very busy and didn't have time to call. I said that I thought that he had wanted to remain anonymous, and then I noticed his name right on his uniform. I said, "How 'bout I send a copy of the newsletter to your office?" He said fine, and gave me the address.

Another day and I found myself parking again in the same area. I was armed and ready with a copy of the page from the newsletter tucked into my purse. I hadn't yet had a chance to mail it to the officer. As I approached my location, there he was! I pulled over, rolled down my window and said, "I have something for you." I handed him the sheet of paper, he thanked me, and I rolled up my window, and went on to find a parking space.

What to make of this saga and why am I telling it? I'm drawn to the idea that one can forge a human bond with someone at the most unexpected moments. Perhaps if we can remain open to this synchronicity it can help us to feel more connected to others in the world. By feeling more connected, we may even be inspired to discover innovative program and outreach ideas for our society. What are your thoughts?

Our Executive Committee has done some in-house outreach, and I am very pleased with the results. We have some new, young blood. Starting with this issue of *News & Views*, we have two new co-editors: Jen Kogan and Maya Godofsky. A very, very fond farewell to Margot Aronson, who is retiring as *News & Views* editor. Margot, I'll miss our late nights when we were getting the newsletter wrapped up, and the philosophical discussions and the sharing of life histories that always took place during our midnight hours. But, I think that we are very lucky to have two competent, enthusiastic editors. And, as if that weren't enough, Rachael Fried has come on as editor of special projects.

We also have a new chair of the Continuing Education committee. Ted Billings happily takes over from long time chair Dolores Paulson. Dolores stepped down so that she could serve as newly appointed member of the Virginia Board of Social Work Examiners. Congratulations Dolores! And thank you for all of your magnificent work on this fine committee.

Ted will also continue as treasurer of the Society, and is looking for members to form a budget/finance committee.

We are all very excited about new energy and new ideas! We feel confident that this will ensure the continuation of the very high level of leadership that has made the Society what is today. ❖

New Cancellation Refund Policy for GWSCSW Events

Joel Kanter, Education Vice-President

Because of confusion and administrative difficulties with processing refunds when members cancel participation in Society events (classes, conferences, workshops), the GWSCSW is initiating a new policy of giving 100% credit for all cancellations given one week or more before the event. Cancellations up to 48 hours prior to the event will receive 75% credit. The credit will be good for one year and can be applied to dues or participation at other events for the next twelve months.

This policy will help to minimize strain on our Society volunteers, as the whole process can be managed by our administrator without involving our treasurer or the coordinators of the event in question.

We understand that some may prefer a cash refund, but we are able to keep our event costs to a minimum by reducing unnecessary overhead and strain on volunteers.

VISIT OUR WEB SITE: www.gwscsw.org

Treasurer's Report

Ted Billings, MSW

The Society continues to enjoy a strong financial position, thanks to the income generated by membership dues and educational activities. Although we have not done so yet, it is quite possible that we will be in a position to add to the reserve fund at the end of the fiscal year. The fund currently has \$25,000, and was started in the hopes of avoiding future financial crises.

A new account was opened during this period for the prepaid legal plan. All income and expenditures from this fund will be kept separate from our general operating expenses and from our reserves. The account was initially opened with \$8,500, and will increase as new members join. There have been no expenses billed yet.

GWSCSW needs your help in establishing a finance committee. The responsibilities would include meeting several times a year to advise and assist the treasurer in managing the Society's finances. If you would like to volunteer, or you know of a member who would be willing to serve on this committee, please contact me at Ted_Billings@comcast.net. ❖

Retirees Group

The retirees group currently has a few openings. Our next meeting will be at the home of Grace Lebow in Friendship Heights on February 21. The group is reading *Another Country* by Mary Pipher. Carolyn Maurer will be presenting a summary of chapters 3 and 4 and leading the discussion. You are welcome to phone Grace Lebow for more information about this group: 301-652-4026. ❖

Befuddled by Billing?

Many CSWs can do their own billing—if they just knew how. Convenient tele-classes are presented via live conference call. Register online TODAY!

- **Billing 101**
- **Claim Forms**
- **Verify Benefits**
- **What's an NPI?**

www.psychbiller.com/classes

PsychBiller, LLC

DC, MD & VA
(703) 266-8612
Toll-free
(866) 475-8612

Washington Center for Psychoanalysis INC.

(formerly the Washington Psychoanalytic Society)

FIFTH ANNUAL RAPHLING MEMORIAL LECTURE

Friday, March 16, 2007 (Register by March 6)

Title: *Lewis Aron, PhD: Origin and Birth Fantasies*

Location: Ross Hall, Room 117, George Washington University

Time: 8:00 pm

Cost: FREE

MAY WORKSHOP

In conjunction with the May New Directions Weekend Conference

Thursday, May 3, 2007 (Register by April 23)

Title: *A Day With Psychoanalyst and Neuroscientist Mark Solms
(all new material)*

Objectives: 1. Develop a clinical interest in the study of neuroscience
2. Demonstrate the neurobiological aspects of consciousness, emotion, memory, development, dreams and the talking cure"

Location: Continental Ballroom, Marvin Center, GWU

Time: Registration 8:30 AM
9:00 AM - 5:00 PM

Cost: \$150 members / \$175 non-members

CME/CE: 6 hours

MAY SCIENTIFIC MEETING

In conjunction with the May New Directions Weekend Conference

Friday, May 4, 2007 (Register by April 24)

Title: *Patrick Casement, PhD: Issues of Authority, Tact and Timing in the Clinical Process*

Objectives: 1. Describe ways to find a language to engage patients.
2. Examine elements of tact and timing in interpretation.

Location: Embassy Suites Hotel, 1250 22nd St NW, Washington DC

Time: 6:30 pm Cocktails, 7:00 pm Dinner
8:15 pm Paper and Discussion

Cost: \$75 members / \$100 non-members

CME/CE: 1.5 hours

Prior Registration is Required

The Washington Center for Psychoanalysis, Inc.

4545 42nd St NW #309 • Washington DC 20016

(202) 237-1854 email: center@washpsa.org

www.washpsa.org

Licensing Matters, continued from page 1

As we go to press, we don't know if the DC Board of Social Work is going to continue to press for its proposal to grant non-clinical Licensed Independent Social Workers (LISWs) permission to diagnose and provide psychotherapy, under the supervision of a licensed independent clinical social worker. The Board's position seems to be that since DC Licensed Graduate Social Workers (LGSWs) are currently permitted to practice psychotherapy under appropriate supervision, LISWs should have the same privilege.

We have several concerns with this proposal. First, it is a dramatic change in the LISW scope of practice, and as written, the law says nothing to prevent a macro-trained LISW from finding a supervisor and starting a clinical practice.

Second, given the vegetable soup of our metropolitan area social work licenses (LISW, LICSW, LGSW, LCSW, LCSW-C), there is real potential for confusion; how is the public to know what clinical standards have been met by the LISW?

Third, granting the privilege of diagnosis to social workers without clinical expertise is a very serious issue. Diagnosis stays on a client's record, affecting insurance, hospitalizations, and treatment. In other jurisdictions—Maryland, for example—the law expressly prohibits diagnosis by any social workers other than those holding the advanced clinical license.

GWSCSW, NASW-Metro Joined in Opposition

We have been joined by NASW-Metro in our opposition to loosening clinical standards, and have requested that the Board provide evidence of the need for such a drastic change to the law. Further, dismayed by a seeming lack of openness to the social work community on the part of the Board, both our organizations have offered newsletter space to the Board, and have pledged to attend and participate in the Board's monthly meetings. Our GWSCSW recommendation is that the Board create a committee which would include representation from the Board itself, from GWSCSW, from NASW-Metro, and from the universities, to do an overall review of the social work law, with a goal of clarifying and eliminating discrepancies.

The Maryland Board Faces an Anomaly in the Law

In Maryland, the Board of Social Work Examiners is in the process of considering an anomaly in the General

Health law that appears, because of its wording, to prohibit social workers from treating and diagnosing mental retardation. Our GWSCSW efforts during the last legislative session made an impact with legislators, but, at the last minute, failed to achieve the needed change. We will be working with the Board and with NASW toward a resolution once the new legislators have a chance to get their bearings.

As for the Virginia Board of Social Work, they are in the process of reviewing all their social work laws this year; one major question will be whether social workers in macro practice—research, policy, teaching—need to be licensed.

The License Protects, Defines, and Holds Accountable

Licensing informs and protects the public, defining our qualifications and scope of practice at each level.

When individuals are permitted to practice without a license, or when licensure standards are lowered, the result is that public safety and trust—and the reputation of the profession—are put at risk.

Ultimately, licensing holds us accountable, and at the same time it protects us as individual practitioners. It is critical that we know what expectations we must meet and what our scope of practice includes. And, if we are to speak proudly as social workers, we need to know that others in our profession have met those same expectations and that they work within the same scope of practice.

We all need to keep informed, to pay attention to changes, to double-check regulations, and when needed, to become involved in advocacy. Ultimately, what's most important for all of us is that we work hard—individually and as a profession—to maintain the standards that make the social work profession strong, that hold us accountable, and that provide safety and clarity for the public.

Our job at GWSCSW is to keep on top of the issues and make membership aware of the threats and opportunities as they unfold. Each member's responsibility is to use that information to help our local governmental bodies act in the public's interest. ❖

Margot Aronson, LICSW, GWSCSW's immediate past president and former newsletter editor, is in private practice in the District of Columbia.



The Art of Clinical Supervision

April 14 & 15, 2007

12 CEU/CMEs (meets Maryland Supervision requirement) ~ \$325

Group Psychotherapy Conference

featuring Molyn Leszcz, coauthor of Irvin Yalom's
new book on Group Psychotherapy

April 20 & 21, 2007

12 CEU/CMEs ~ \$325

Ethics Workshop

featuring Dr. Richard Ruth

June 3, 2007

6 CEU/CMEs ~ \$90

Washington School of Psychiatry
5028 Wisconsin Avenue NW, Suite 400
Washington DC 20016

(202) 237-2700

www.wspdc.org

When talk therapy is not enough...

Somatic Imagery® is a powerful psychotherapeutic technique that has proven highly effective in breaking through even the most difficult impasses, unlocking frozen patterns and bypassing resistance.

It has proven successful in treating:

- compulsive behavior
- panic attacks and anxiety disorders
- psychologically based physical symptoms, and
- history of trauma or abuse.

UPCOMING EXPERIENTIAL TRAININGS*

Workshops are held Fridays 7 to 9:30 pm, and Saturdays 9 am to 5:30 pm

March 9–10 **Phase Two, Part 1 – Somatic Imagery & Ego State Psychotherapy**

April 27–28 **Couples & Groups – Opening up the Connection**

May 18–19 **Somatic Imagery for Healing: the Mind Body Connection**

June 8–9 **Somatic Imagery, EMDR & Ego State Psychotherapy**

THE CENTER FOR HEALING & IMAGERY

(formerly the Imagery Training Institute)

***Pre-requisite required:** Participants must have completed "Somatic Imagery Phase One" before taking these courses. Exceptions will be considered on an individual basis. ■ **Register at** www.centerforhealingandimagery.com or call (703) 821-0761. A full listing of offerings can be found online as well.

CSWI

The Clinical Social Work Institute

Golnar Simpson, PhD

Greetings. As I write this letter in January of 2007, I am thinking about the “beginnings” of things in general, and a special wish for a good year, personally and professionally, for all of us.

Here at CSWI, we have just started our 2007 Spring Semester. Our enthusiastic students and our dedicated faculty are back at work. This semester, we are also pleased to welcome a new faculty member, Jacqueline Urow, to our academic family. She is a longstanding member of GWSCSW, and known to many of you. As a lawyer and social worker, she brings unique expertise to teaching our course “Mental Health and the Law.”

Speaking of new beginnings, I would like to share important news having to do with the expansion of our educational offerings: We are pleased to announce the establishment of our brand new Advanced Certificate Program in Clinical Social Work, and its opening in the Fall of 2007. This program is designed for clinical social workers who are interested in advanced post-graduate clinical social work education from a biopsychosocial perspective. The courses are at the doctoral level, and provide the opportunity for the integration of cutting-edge theoretical knowledge and practice skills. Based on our holistic orientation, in addition to our clinical courses and emphasis on cultural competency, we also have a whole year of neuroscience included in the curriculum. Equipped with a high level of clinical knowledge and skills applicable to working with diverse populations in a variety of settings, the graduates of the program will be able to meet the complex demands of today’s clinical social work practice with an enhanced sense of professional expertise.

With our various advanced educational programs and the support from you and the larger professional community, we hope to sustain our contributions to the promotion of excellence in clinical social work practice and education. We welcome your input and inquiries. Please feel free to contact us for further information about our PhD program, our new Advanced Certificate program, or our continuing education offerings. ❖

Golnar A. Simpson, PhD, past president of GWSCSW, is interim president of the Clinical Social Work Institute.

Md BSWE

Maryland Board of Social Work Examiners

Yvonne M. Perret, MSW, LCSW-C

As we move through this legislative session, the Board is tracking legislation of concern to social workers in Maryland. One of these is legislation sought by Maryland NASW to clarify the ability of social workers to diagnose all mental and emotional conditions. This came up last year in discussion around the ability of social workers to diagnose mental retardation. This proposed legislation clarifies the statute which supports social workers’ ability to do so.

Over the past few months, the Board has been working on a proposed revision to the supervision regulations, aiming to clarify and address issues that have been raised since these regulations were implemented in 2005. As soon as the Board approves these proposed regulations, we will be moving them through the regulatory approval process.

In addition to this work, the Board staff has moved forward to implement the online renewal of licenses. The aim is to have this process in place for the 2007 renewal cycle. Licensees will be receiving information on how to renew online in plenty of time to do so if they are to renew this cycle.

Lastly, the Board still has two vacancies to fill. The process for filling these vacancies is mentioned in each Board newsletter and is also on the Board website: www.dhmh.state.md.us/bswe. The Board welcomes contact from all interested social workers. These are volunteer positions and are essential to ensuring that the public is protected and licensure rules are accurately applied. We urge you to consider submitting your names and appreciate your interest in serving on the Board.

Thank you. See you next time! ❖

Yvonne M. Perret, MA, MSW, LCSW-C is the Chair of the Maryland Board of Social Work Examiners.

CLINICIANS & MONEY

.....

Dare to be Boring! How to be a Disciplined Investor

Peter H. Cole, LCSW, ChFC

Many LCSWs are concerned about how to invest their retirement funds. There is no question that there is a sense of volatility in both the economic and political climate at present. Times like these call for investment discipline. But what does the phrase “investment discipline” really mean? In this month’s article I will explore the meaning of the elusive phrase “investment discipline” and give you, the reader, a framework for approaching disciplined investing.

The first concept is that risk and return are related. In any disciplined portfolio, you should be able to relate systematic returns over time to differences in risk. Obviously, despite the market risk inherent in stocks, investors expect stocks to provide greater returns over time than FDIC-insured CDs at the bank. If this were not so, then people would make only conservative investments. Investors expect markets to compensate them for taking on increased uncertainty and chance of loss.

Academic economists have been unable to find predictable ways of adding to returns without taking on additional risk. How a portfolio is exposed to risk—what overall asset classes it holds and in what proportion—will be the greatest determinant of its performance. Asset classes, and their proportions, define the portfolio’s *structure*. The structure of the portfolio should guide the investor’s strategy.

Investment discipline then is the process of choosing the most fitting portfolio structure, finding appropriate investments for that structure, and sticking with the structure under changing market conditions. The structure of the portfolio is the disciplined investor’s compass; it keeps her from losing her way, even when markets act unpredictably (as they always do).

The structure of the portfolio should be a good fit with the risk tolerance of the investor. Risk tolerance relates both to the investor’s circumstances in life as well as his or her predispositions as an investor. In most circumstances, the portfolio design for your retirement account will become increasingly conservative as you

move closer to retirement. This is due to the fact that the sooner you need to draw from your account, the less time you will have to recover from a down cycle in the market. If you are younger, you can trade more risk for greater return over the long haul, because you will have time to recover from down markets.

In the heady days of the tech stock market bubble, many investors made the mistake of trying to pick winning stocks and hot investments rather than sticking with their investment discipline. Financial magazines heralded hot stocks in order to sell more magazines. But here is a rule of thumb for you—*your investment strategy should be boring!* Investors who stuck with a disciplined, balanced approach to investing during the heady days of the late ’90s, did not experience the same degree of loss as those who let their portfolios become unduly loaded with risky, high tech stocks. Instead of trying to pick winning stocks or hot funds, disciplined investors stick with the structure of their portfolio in good times and bad, and are rewarded for their discipline over the long haul.

Here are some rules of disciplined investing to remember:

- Assess your risk tolerance
- Structure your portfolio to fit with your risk tolerance
- Don’t try to “pick winners”—focus on solid investments that conform to your portfolio structure
- Boring may be bad for an evening out, but it is a good approach to investing

Remember, the best time to start investing is 10 years ago. The second best time is now. Good luck, and feel free contact me with questions or feedback. ❖

Peter Cole, LCSW, is a Chartered Financial Consultant, director of Insight Financial Group, Clinical Professor of Psychiatry with UC Davis School of Medicine, and the author of *Mastering The Financial Dimension of Your Practice: The Definitive Guide to Private Practice Development and Financial Planning*. His website is www.insightfinancialgroup.com.

ADVOCACY & LEGISLATION

■ FEDERAL

In the past few months, the Clinical Social Work Association (CSWA) has lobbied for a variety of legislation at the national level, with involvement in a particular issue based on how extensively it might affect members, their clients, and the profession, as well mental health treatment in general. Support or opposition ranges from the grassroots approach of letters, emails, and calls, to direct participation (by Executive Director Richard Yanes and/or by Laura Groshong, CSWA Director of Government Relations) in a legislation briefing to educate legislators and staff, and to one-on-one lobbying of legislators and staff.

CSWA also participates actively in the Mental Health Liaison Group, the leading national-level coalition focused on mental health...along with more than 50 national mental health organizations, professional groups, legal organizations, and state and national agency representatives and business entities. Monthly meetings feature speakers from Congressional offices directly involved in legislation discussing upcoming issues of importance to the mental health community, as well as briefings by mental health organizations on issues of concern, progress reports, and activities.

Success on Mental Health Parity Bill

Ending insurance discrimination against individuals with mental illness has long been a goal of the mental health community. A major step was taken on February 14 when the Senate Health, Education, Labor and Pension Committee voted 18 to 3 in favor of bi-partisan legislation introduced by Senators Domenici, (R-NM), Kennedy (D-MA), and Enzi (R-WY) to require health plans to provide equal coverage to mental illness. Senator Kennedy has indicated that he will push for full Senate action on the bill (S-558, the Mental Health Parity Act of 2007) within the next few months.

Sometimes Advocacy Means Education

A number of bills that are priorities for clinical social workers have failed to pass in committee, but have been successful in making committee members aware of the issues. The president's budget requests for both FY05 and FY06 fell woefully short of the funding

needed to serve the health care needs of the country—including mental health care. However, advocacy efforts found some success in the Congress among members committed to improving the funding levels above the president's requests.

Senator Clinton (D-NY) and Representative Kennedy (D-RI) introduced bills to make mental health services for older adults an integral part of primary care services in community settings and other settings where seniors reside and receive services. (The Positive Aging Act of 2005) Again, though neither bill made it out of its respective policy committee, the effort was seen as successful in educating committee members.

The Keeping Families Together Act introduced by Senator Collins (R-ME) and Representative Ramstad (R-MN) would have established a state family support grant program making funds available to families facing the sole option of relinquishing their child to state custody in order to secure needed mental health services for the child. Committee members will address the problem incrementally by attempting to amend the State Children's Health Insurance Program (SCHIP) and push for enactment of the mental health parity legislation.

Finally, a bill helping to focus attention on the need for additional mental health resources for military personal was introduced in the House by Representative Kennedy. This bill would have required the Department of Defense to develop and use prevention and early-intervention activities related to Post Traumatic Stress Disorder (PTSD) and related disorders. Efforts relating to mental health services for the military continue through the budget process and at the state level involving the Veterans Administration. ❖

Thanks to Richard Yanes, Executive Director of the Clinical Social Work Association, for providing information for this update.

■ MARYLAND

Alice Neily

The 2007 legislative session has been in progress since January 10, and so far there is a feeling of optimism, and little of last year's partisan bickering. An unusually low number of bills have been introduced, probably because a quarter of the legislators are freshmen,

and most of them are waiting until they have become acquainted with their constituent special interest groups before stepping forward with initiatives.

A flood of legislation is expected by the time the assembly ends its business on April 9; the standard is about 3,000 bills introduced per session.

Struggles over the “Wal-Mart Bill”—which failed in the courts—have served as a catalyst for all parties to step up to the plate to address issues of the underinsured and uninsured. Business is indicating a new interest in broadening responsibility for coverage of the uninsured. Indeed, making everyone accountable for health care seems to be the current policy shift—what a contrast to the old tradition of keeping provider reimbursement low and insurance rates high!

To date, there is emphasis in three areas of health care:

First, there are a handful of the expected 3,000 bills that propose meaningful change—for the better—to the way that providers are compensated. These are bills which make it easier for you to be reimbursed and harder for payers to avoid covering services to your clients.

- **Healthy Maryland Initiative** (SB 207; HB288) calls for appropriations based on a tobacco tax to reduce the numbers of uninsured by expanding eligibility for the Maryland Medical Assistance Program.
- **Direct Access to Specialty Care** (SB263) requires a health insurance carrier to allow patients to directly access a physician or a non-physician specialist, with the protection afforded under the Appeals and Grievance procedures of the State Insurance Commission.
- **Health Maintenance Organizations**—Reimbursement Rates of Noncontracting Providers (SB 323; HB 330) establishes the rate at which a health maintenance organization must reimburse licensed health care providers who are not under contract for services rendered.

Second, there are major policy changes proposed by the Administration which could positively affect Maryland citizens’ access to health care. The new governor has made promising proposals in his State of the State platform, stating that his administration is dedicated to crafting ways to improve healthcare coverage and healthcare outcomes.

In order to begin to turn around the alarming health-care trend of rising costs and a rising number of uninsured Marylanders every year, the Governor is proposing the **Maryland Healthcare Access Act (SB 149; HB 132)**, which will:

- Create a Health Insurance Exchange to help small businesses find more affordable coverage for their employees—on a pre-tax basis
- Require insurance companies to allow younger adults up to age 25 to be covered under their parents’ policies
- Provide healthcare coverage to more children in our state

The governor’s budget allows for:

- \$25 million for Stem Cell research—a 66% increase over last year’s appropriation
- The restoration of Medicaid healthcare benefits to legal immigrant families, including 3,000 children
- Over \$100 million to strengthen our provider systems by increasing reimbursement rates for doctors and other providers participating in our State’s Medicaid Program

Another proposal from the governor concerns provider compensation; he recognizes that when physicians and other providers do not receive adequate compensation for the services they provide, it threatens the quality and effectiveness of our healthcare system. Therefore, as part of his legislative agenda, the governor proposes a task force on **Health Care Access and Physician Reimbursement (SB 107; HB 138)**, addressing broad reimbursement issues for all licensed health providers.

First impressions will last for the next four to eight years. So think ahead. The investment you make as clinical social workers, by being highly visible this year, will pay off significantly in the future. As legislators learn who you are and what you represent, they will be in a position to consider the implications for you and your clients when they vote for policy change. Make your voices heard! ❖

Lobbyist Alice Neily Mutch of Capital Consultants of Maryland works with the Maryland Legislative Council of Social Work Organizations (our coalition of the Greater Washington and Maryland clinical societies), advocating in Annapolis for social work issues and guiding the Council’s legislative and grassroots efforts.

■ VIRGINIA

Christopher J. Spanos

February 6 was "Crossover Day," the halfway point of the Virginia General Assembly 47-day session and the date by which each chamber of the Assembly must act on its own legislation. As of Crossover Day, there were no issues of interest to the practice of Clinical Social Work. With adjournment slated for February 24, we are carefully reviewing the remaining legislation to be sure that no problematic amendments relating to mental health and clinical practice issues.

Looking forward to the next session of the General Assembly in January 2008, we may have legislation offered that will deal with the scope and practice of social work. The Society is collaborating with the Department of Health Professions, Board of Social Work on the study mandated by the General Assembly. We should know more about the recommendations of the study this summer. ❖

Chris Spanos, government and public affairs counselor for the Spanos Consulting Group, is the lobbyist for the coalition of GWSCSW and VSCSW.

■ DISTRICT OF COLUMBIA

Larry Goldes, LCSW-C

Our DC legislative committee continues to be active on a number of fronts. We have devoted the lion's share of our time to following the fate of a proposal made by the DC Board of Social Work. The proposal, which would expand the scope of practice of LISWs to include the provision of psychotherapy, was worded so that it appeared to allow LISWs to diagnose and practice independently, outside of an agency. Other issues were also of concern.

GWSCSW and the Metro chapter of NASW, have expressed their concerns to the Board, both in writing and testimony. Some of the most troubling language has been eliminated; however, serious concerns remain. We hope that a more constructive revision of the law and regulations will emerge from our efforts. In our view, leaving the law unchanged would be preferable to the changes currently being proposed by the Board. One positive aspect of this process is that we have had the opportunity to work with Metro NASW on an issue that is of concern to all social workers.

A word or two on why this issue merits our attention may be in order. The elevation of social work to a professional discipline on par with others, the licensing of social workers, and the recognition that trained social workers are competent to provide a variety of treatments, have all been the result of a long and hard-fought legislative struggle. In order to preserve these achievements, it is necessary to be vigilant, and ensure that regulatory agencies, such as social work boards, do not weaken the professional standards we have fought so hard to achieve. We want to have a collaborative relationship with the DC Board (and all the licensing boards); one in which they will hear and respond to the concerns of our professional associations, and vice versa. Thus, we hope that the Board will have a more open and transparent rule-making process.

We continue to be involved in supporting the initiatives of public interest groups, such as Families USA, who are trying to craft a legislative solution to the crisis of the uninsured in DC, and recently were signatory to a letter addressed to the Mayor and the Council which sought to address this crisis through action.

Again, I must thank Margot Aronson for her savvy leadership on these issues, along with everyone else who has participated in developing our positions. ❖

Larry Goldes, LCSW-C, chair of the DC Legislative Committee is in private practice in Washington, DC

Breaking News for DC Social Workers:

LISW Proposal Tabled!

GWSCSW and NASW-Metro participated actively in the thoughtful (and lengthy!) discussions of the proposed LISW amendment at the January and February DC Social Work Board meetings. Our arguments were persuasive, and the Board agreed on February 14 to table the proposal to expand the LISW scope of practice. (See articles on page 1 and page 9 for more information.)

DC Professional Licensing Board Change

The DC Social Work Board has been removed from Councilman Catania's Committee on Health, which has oversight on all the other professional licensing boards. Instead, the Social Work Board will answer to the Committee on Human Resources, headed by newly-elected Councilmember Tommy Wells (Ward 6), who is himself a social worker (and a lawyer). ❖

Carefirst Watch Coalition

Mary Lee Stein

The Medical Insurance Empowerment Act of 2006, which would establish measures to help the Mayor of the District of Columbia hold CareFirst BlueCross BlueShield accountable for the public health mission mandated by its charter, is in a temporary state of limbo. Councilmember Jim Graham (Ward 4), who had planned to hold hearings on the Act, is no longer chair of the relevant committee. New Councilmember Mary Cheh (Ward 3) is now heading the Committee on Public Services and Consumer Affairs, which will have jurisdiction over the bill. The DC Appleseed Center for Law and Justice, which has taken the lead with the CareFirst Watch Coalition, plans to meet with Cheh about this matter soon to bring her up to speed on how the issue has progressed, and to demonstrate the need to introduce legislation that will regulate Carefirst's surplus and how it is spent.

GWSCSW is active on the steering committee of the CareFirst Watch Coalition. We will continue to monitor the progress of the Act, and testify in its support when hearings are held. The Coalition is pushing for increased funding from Carefirst's "excess" surplus to address unmet health needs—including mental health—within the District. ❖

Mary Lee Stein, LICSW, represents GWSCSW on the CareFirst Watch steering committee. Mary Lee is in private practice in the District of Columbia.

Virginia Social Work Board Reviews the Law

Mark O'Shea, LCSW

As a result of successful efforts last spring by the Virginia Society for Clinical Social Work (VSCSW) and the Greater Washington Society for Clinical Social Work (GWSCSW), working together to block passage of HB 1146, a disturbing bill that would have created a new category of social work, the Virginia Social Work Board was charged with a review of the social work law. Extensive work has already gone into this process.

The Board has created a nine-member focus group to sort out scopes of practice, including the interests

of agencies, organizations and Societies. Alice Kassabian is representing GWSCSW, and I am representing VSCSW. Also represented are academia, the National Association of Social Workers (NASW), Social Services, Family Services and the Virginia League of Social Services Executives, plus two public policy experts. The definitions of social work from all states are being reviewed, along with the scope of practice recommendations from the Model Social Work Practice Act.

The assistance of the Clinical Social Work Association (CSWA) has been extremely valuable as we develop our position for the focus group; our hope is to more clearly define and protect clinical social work practice in Virginia.

Alice and I will keep you posted on our positions and the progress of the focus group, scheduled to work until July 2007. ❖

Mark O'Shea, LCSW, is the Legislative Vice President for the Virginia Society for Clinical Social Work. He notes that he has become a charter member of CSWA, and strongly encourages the rest of us to consider taking this step as well (www.clinicalsocialworkassociation.org).

Coming in April 2007...

IPI Metro's Catalogue of Continuing Education Courses for 2007-08

Be looking for information on:

- * The Introduction to Psychodynamic Psychotherapy Training Program
 - * Sex and Sexuality in Contemporary Psychotherapy Training Program
 - * Object Relations Theory and Therapy: A Clinical Seminar
 - * Child and Adolescent Psychotherapy Training Program
 - * Master Teacher Series in Object Relations Theory
 - * Clinical Supervision: A Seminar for Supervisors
- ... and other advanced training opportunities.

Information will be available on our website:

www.ipimetro.org

RESOURCES

DRADA

Depression and Related Affective Disorders Association

Ann Wroth, LCSW-C

Depression and Related Affective Disorders Association (DRADA) was founded in 1986 by a group of doctors, nurses, and lay persons to provide another form of support to individuals struggling with depression and bipolar disorder. In the beginning, this support was provided by support groups alone. DRADA has grown significantly since then and now offers many programs including support groups, information for the community and educational services.

DRADA is a community organization serving individuals and family members affected by depression. The organization's mission is to alleviate the suffering arising from depression by providing self-help groups, education and information, and lending support to research programs. Society members may find value in referring patients to DRADA programs as an effective and free adjunct to treatment.

Below is an outline of programs available through DRADA:

Support Groups

Mutual aid groups for persons with an affective disorder and/or family members for persons with an affective disorder and/or family members. These groups provide a supportive environment for sharing experiences and solutions to problems common among people living with these illnesses

For over ten years, DRADA has provided training for group leaders of mutual aid groups. DRADA also provides consultation and periodic seminars for support group leaders who have gone through the training program. Currently DRADA lists more than 75 support groups in the Baltimore-Washington area, whose leaders have participated in the group leader training.

Leader Training

DRADA offers a one-day program for individuals interested in leading or developing support groups. The program is currently held on a weekend every other month in Baltimore, Maryland and Northern Virginia. The training is conducted by Support Group Director, Wendy Miller Resnick. Ms. Resnick has twenty years of experience in working with groups and in training both people to develop and maintain effective groups.

Peer Support

An opportunity for people to communicate one-to-one with someone who also is affected by a mood disorder. Sharing experiences with someone can be normalizing. This is a service for people who cannot attend support group meetings, or who want additional support. Matches are made by geographical area, type of illness, personal interests, and criteria specified by the individuals, such as age or gender.

Outreach

DRADA has a variety of speakers, who are willing to go into the community and speak about mood disorders and the services DRADA can offer individuals and the community at large.

Hospital Networking

DRADA staff visits hospitals and other mental health organizations to speak about its programs.

For more information, visit the DRADA website: www.drada.org or call 703-610-9026 or toll-free at 888-288-1104. Email: info@drada.org. Offices are located in McLean, VA. ❖

Ann Wroth, LCSW-C, works at NAMI, the National Alliance for the Mentally Ill. She is also a member of the newsletter editorial board.

First Fridays: Spring Meetings

The "First Fridays" Psychoanalytic Case Conferences, co-sponsored by GWSCSW, the Baltimore Washington Institute for Psychoanalysis, and the Green Door, are continuing this Spring with three meetings: March 2, April 6, and May 4.

Each meeting begins with a presentation of a prepared psychotherapeutic or psychoanalytic case; a discussion and then a question and answer period follow. The insights of psychoanalysis are applied to case material, integrating clinical experience through dialogue with colleagues.

There is no charge; registration is by sign-in on the day of the case conference. CEUs are available. For more information, see www.gwscsw.org or call 202-537-0007. ❖

GWSCSW SUNDAY BRUNCH MEETING

Theoretical Developments in Understanding Women's Development

Sunday, April 22

10:30 AM - 1:30 PM

Chef Geoff's

1301 Pennsylvania Avenue NW, Washington DC
(13th Street, between E and F)
(There is free street parking on Sundays)

Joan Berzoff is Co-Director, Doctoral Program and Director, End-of-Life Care Certificate Program at Smith College School for Social Work. A dynamic and inspiring lecturer, she has received the Outstanding Social Work Scholar Award from the National Academies of Practice. She is the Co-editor of the recent volume *Living with Dying: A Handbook for End of Life Care Practitioners* (Columbia University Press), as well as co-author of the popular social work text *Inside Out and Outside In* (Jason Aronson).

Registration forms will be mailed to members and will also be available on our Web site: www.gwscsw.org. ❖

GWSCSW ANNUAL CONFERENCE

Attachment Theory and Social Work Practice

May 12, 2007

Time/Place: TBD

Commemorating the centenary of John Bowlby's birthday, this conference will explore attachment theory and its application in social work practice. The keynote speaker will be Christopher Reeves from England, a child psychotherapist who trained at the Tavistock Clinic during John Bowlby's tenure, and studied with Donald Winnicott. In addition, he was principal of the renowned Mulberry Bush School, founded by Barbara Docker-Drysdale and was the editor of the *Journal of Child Psychotherapy*. He has recently coauthored *Donald Winnicott and John Bowlby: Personal and Professional Perspectives* (Karnac, 2005).

We will also show and discuss the classic documentary film *A Two Year-old Goes to Hospital*, produced by Bowlby's social worker colleague, James Robertson. This early illustration of attachment theory transformed the practice of inpatient pediatrics and challenged an orthodoxy that had remained unchanged for over a century.

Visit our Web site for more information as it becomes available: www.gwscsw.org. ❖

"Retirement"

or
WHAT NEXT™

for
women over 50
contemplating change



WEEKEND WORKSHOP

April 14-15, 2007
Washington DC
(Friendship Heights)

Register Now!
www.retirementorwhatnext.com

Ruth Neubauer, MSW and Karen Van Allen, MSW

Registration and Information:

www.retirementorwhatnext.com

LTCi Group, LLC

Your Long-Term Care Partners



Specialists in Long Term Care Planning and Insurance

As we get older we sometimes get sick and need care. Long term care insurance is designed and purchased for our loved ones so that they can spend more quality time with us while we get substantial additional help through the services provided by the policy. It also protects our assets and allows us more flexibility with charitable giving and in estate planning in conjunction with your estate planning attorney, tax attorney and/or CPA.

For more in-depth information call

Brock Jolly, CLTC
Specializing in Long Term Care Insurance
703-847-9660 ext. 151

Charles W. Rahn, LCSW-C, CLTC
Specializing in Long Term Care Insurance
301-493-6841

Remember: It's Your Life and Your Legacy

#82559

New Group for Women: On Becoming Yourself

Begins May 7, 2007

3000 Connecticut Ave NW Ste. 137
Washington, DC 20008

Group Leader: Grace C. Riddell, LICSW, LCSW-C, MEd.

A cognitive behavioral and interpersonal psychotherapy group to help women...

- Let go of self-defeating thoughts, feelings and behaviors
- Take responsibility for their health and well-being
- Find their own voices in becoming more self-confident
- Assert themselves at the risk of disapproval
- Confront social anxiety and build self esteem

This group offers a safe and healing environment to promote emotional support, utilize constructive feedback and learn new ways of communicating with others.

Grace Riddell, LICSW, LCSW

Phone: 301-942-3237 • Email: GRiddell@aol.com

Enjoy the Rewards of Your Job Without the Risks



It's Easy With Our Professional Liability Plan

You have a challenging job counseling a variety of clients with diverse needs and expectations. It can be very rewarding. But also risky – unless you have the right protection.

Our Professional Liability Insurance Plan takes the worry out of being a Clinical Social Worker:

- “Occurrence” protection with lifetime reporting for incidents that occur during the policy period.
- Added coverage for personal and bodily injury and property damage.
- A+ rated carrier.

The plan, sponsored by the Clinical Social Work Federation, has exceptional benefits to ensure comprehensive coverage.

Enjoy the rewards of your job without the worry. Call today.



BERTHOLON-ROWLAND

Call: 800-875-1911 ■ Email: cswf@brcorp.com

Visit: www.brcorp.com/cswf

Offered in partnership with CPH & Associates, Inc. Underwritten by Philadelphia Indemnity Insurance Company, rated A+ for financial strength by A.M. Best.

©2006 BR Corp., A USI Affinity Company

Advanced Clinical Training at a Glance

Rachael Fried, LCSW

Have you ever wanted advanced clinical training in a particular area, but didn't know where to begin researching your options? Look no further: we're excited to introduce a comprehensive list of area organizations and the opportunities that they offer. Over the past few weeks, I have traded a flurry of e-mails and phone calls with over twenty organizations that offer programs to degree level social workers. The response has been enthusiastic with nine organizations represented in this article. Although it was difficult to edit so much excellent program material into a tight format, we're hopeful that the condensed versions will enable readers to obtain some helpful background information on their choices.

I want to thank everyone for their interest, excitement, and patience with this project. This is a new undertaking, and my learning curve was high as I tried to convey what kind of information would fit into the parameters of this feature. Because of concerns about the length of this article, we limited the entries to programs that

are ongoing and offer some type of expertise certification and/or certificate at the end of the program. Many wonderful workshops, seminars, and study groups are not included here. In the future, we may do a similar feature about free learning and studying opportunities.

Some organizations expressed interest in participating in this feature, but did not submit the requested information in time for the publication deadline. These groups and any others who submit information can be included in the next newsletter. Please contact me at rachael1@juno.com or 703-401-0580 if you have any questions about submitting your information.

Finally, I wanted to thank Kate Scharff for giving us the idea for this article. Without her thoughtful suggestion, we wouldn't be offering this to our members. ❖

Rachael Fried, LCSW, has a psychotherapy practice in Falls Church primarily with children and adolescents; she has a special expertise with trauma survivors.

Baltimore Washington Institute for Psychoanalysis

14900 Sweitzer Lane, Suite 102
Laurel, MD 20707

Phone: 301-470-3635

Email: admin@bwanalysis.com

Web: www.bwanalysis.org

The programs focus on training the clinician to work psychodynamically with various populations. The student's own analysis, studying child development, learning psychoanalytic technique, and treating cases under supervision may be part of the requirements. Please see the website for more details.

Programs: Adult Psychoanalytic Training Program, Child and Adolescent Psychoanalytic Training Program, Two-year Adult Psychotherapy Training Program, Two-year Child Psychotherapy Training Program, Adult Fellowship Program, and Child Fellowship Program.

Registration deadline: Varies. Contact institute for specific dates.

Course starting and ending dates: September through May.

Form of completion/recognition: Certificate of graduation.

Examination: No

Part of a more extensive curriculum: No

Center for Healing and Imagery (formerly The Imagery Training Institute)

8612 Tebbs Lane
McLean, VA 22102

Phone: 703-821-0761

Email: info@centerforhealingandimagery.com

Web: www.centerforhealingandimagery.com

CHI provides a series of experiential trainings (weekly courses and weekend workshops) on the effective use of Somatic Imagery™ for practicing clinicians. The power of Somatic Imagery lies in its grounding in affect and body sensations and experiences. It is a dynamic and energizing modality.

Registration Deadline: Ongoing deadlines throughout the year.

Program Starting and Ending dates: September through June.

Form of Completion/Recognition: Certificate of Attendance and CEU Certificate.

Part of a More Extensive Curriculum: Designed as a series that build on each other and lead to more specialized advanced trainings.

The Clinical Social Work Institute (CSWI)

5028 Wisconsin Avenue, NW
Suite 404
Washington, D.C. 20016

Phone: 202-237-1202

Email: CSWI@mindspring.com

Web: <http://www.wdc-cswi.org>

PhD in Clinical Social Work: The Institute's clinical PhD is a four year course of study with classes meeting on Fridays and Saturdays. The curriculum is informed by a contemporary biopsychosocial perspective and cutting-edge information in neuroscience, clinical theories, clinically relevant social science concepts, other courses and a comprehensive practicum.

Registration deadline: May 2007

Course starting and ending dates: September through June. There are also summer elective courses.

Form of completion/recognition: Completion of all the academic requirements culminating in the granting of the PhD Degree in Clinical Social Work.

Examination: No

Part of a more extensive curriculum: No

Institute of Contemporary Psychotherapy and Psychoanalysis (ICP&P)

4601 Connecticut Avenue NW
Suite 8
Washington, D.C. 20008

Phone: 202-686-9300

Email: icpeastadmin@worldnet.att.net

Web: www.icpeast.org

ICP&P's three training programs: Couples, Psychoanalytic and Psychotherapy Training Programs, are for clinicians interested in advanced training that emphasizes self-psychological and contemporary trends. While historical theory and developments are studied, the emphasis is on cutting edge developments in such areas as attachment research, intersubjectivity, and relational approaches.

Registration Deadlines: Couples and Psychotherapy Programs: June 15; Psychoanalytic Program: June 1. Applications submitted after these dates will be considered on an individual basis.

Program Starting and Ending dates: All training programs start after Labor Day and end in mid May.

Form of Completion/Recognition: Certificate

Examination: No

Part of a More Extensive Curriculum: No, although additional requirements, such as supervision, may be required for some of the programs.

International Psychotherapy Institute and IPI Metro (The Metro Washington Center of IPI)

IPI:

6612 Kennedy Drive
Chevy Chase, MD 20815

Phone: 301-215-7377

theipi@mindspring.com

Website: www.theipi.org

IPI Metro:

6917 Arlington Rd., Suite 224
Bethesda, MD 20814

301-951-3776

info@ipimetro.org

Website: www.ipimetro.org

IPI: Two-Year Program and Weekend Conferences in Object Relations Theory and Practice; Master Speaker Videoconference Series; Infant Observation Seminar; International Institute for Psychoanalytic Training.

IPI Metro: Year-long courses include Introduction to Psychodynamic Psychotherapy, Child and Adolescent Psychotherapy, Object Relations Seminar, Sexuality Seminar, Clinical Supervision Seminar; Also offer reduced-fee supervision.

National and local in-depth certificate training programs (beginning and intermediate locally, and advanced nationally) and shorter conferences/seminars with international speakers in object relations individual, couple and family therapy, sexuality, infant observation, and psychoanalytic training, all tailored to commuting students, in person and by video-link. Certificate clinical supervision program. CEUs.

Registration Deadline: Varies, contact IPI.

Course starting and ending dates: IPI courses vary (see individual courses).

IPI Metro courses begin in September and end in May.

Form of completion/recognition: Certificate of completion

Examination: No

Part of more extensive curriculum: Programs can be taken alone or some can be combined for advanced certificate.

National Institute of Relationship Enhancement

4400 East-West Highway, Suite 28
Bethesda, MD 20814

Phone: 301-986-1479

Email: niremd@nire.org

Web: www.nire.org

Certification Programs in Relationship Enhancement Therapy for Couples and Families, Child-Centered Play Therapy, and Filial Family Therapy

Each program combines a 2-day or 3-day professional training workshop with 26-hours of supervision built around the therapist's videotaped (or live) therapy sessions in order to enhance therapist skills in conducting the chosen therapeutic modality. Each modality is supported by an extensive body of empirical research validating its therapeutic effectiveness.

Registration Deadline: Open-ended, but participation commences with attending an initial 2-day or 3-day professional training workshop. Workshop dates are listed on our website above.

Program Starting and Ending dates: Follow-up supervision is individually tailored.

Form of Completion/Recognition: Successful completion of the workshop and supervision hours, leading to formal certification and receipt of a frameable certificate.

Examination: No

Part of a More Extensive Curriculum: Additional levels of certification are available to become a Certified Supervisor and/or a Certified Instructor/Trainer in each of the three therapeutic modalities.

The New York Freudian Society, Washington DC Program

The NYFS Psychoanalytic Institute
Director, Nancy R. Goodman

Phone: 301-951-3440

Email: nrgoodman@comcast.net

Web: www.nyfreudian.org

The New York Freudian Society, Washington DC Institute: Adult Program in Psychoanalysis and the Fellowship in Psychoanalytic Therapy.

Each program combines a 2-day or 3-day professional training workshop with 26-hours of supervision built around the therapist's videotaped (or live) therapy sessions in order to enhance therapist skills in conducting the chosen therapeutic modality. Each modality is supported by an extensive body of empirical research validating its therapeutic effectiveness.

Registration Deadline: Open-ended, but participation commences with attending an initial 2-day or 3-day professional training workshop. Workshop dates are listed on our website.

Program Starting and Ending dates: Follow-up supervision is individually tailored.

Form of Completion/Recognition: Successful completion of the workshop and supervision hours, leading to formal certification and receipt of a frameable certificate.

Examination: No

Part of a More Extensive Curriculum: Additional levels of certification are available to become a Certified Supervisor and/or a Certified Instructor/Trainer in each of the three therapeutic modalities.

University of Maryland School of Social Work

525 W. Redwood Street
Baltimore, MD 21201

Phone: 410-706-5004

Web: www.ssw.umaryland.edu/cpe

Certificate Program in Trauma Treatment: The Certificate Program in Trauma Treatment incorporates a strengths perspective for working with adult survivors of abuse and traumatic stress. To qualify, applicants must have an MSW or equivalent, have a minimum of 3 years of clinical practice experience, and be currently working in a setting that includes clients who have histories of trauma.

Registration Deadline: March 9, 2007

Course Starting and Ending dates: March 30, 2007 through December 14, 2007.

Form of Completion/Recognition: Certificate of Completion.

Examination: No

Part of a More Extensive Curriculum: Yes

Washington Center for Psychoanalysis

4545 42nd St., NW, #309
Washington, DC 20016

Phone: 202-237-1854

Email: center@washpsa.org

Web: www.washpsa.org

WCP offers a psychoanalytic training program, and two three-year programs: Modern Perspectives on Psychotherapy focuses on the theoretical and clinical application of the Modern Relational, Modern Freudian and Modern Kleinian perspectives, and New Directions in Psychoanalytic Thinking consists of three weekend writing conferences and an optional summer retreat per year.

Registration Deadline: Variable

Course Starting and Ending Dates: September through June.

Form of Completion/Recognition: Certificate

Examination: No

Part of a More Extensive Curriculum: No, self-contained

Toward Informed Choices: Social Worker Profiles in the District of Columbia

Katricia Bennett, MSW intern

Social workers in Washington, DC will soon be required to complete a Social Work Profile Form in order to renew their licenses. For those applying for the first time, profile forms will need to be completed within 30 days of applying for a license. This joint effort by the Department of Health and the Board of Social Work is an attempt to help DC residents better evaluate and select health care providers.

Since November 2006, all District physicians have been required to fill out similar profiles, but until now the Board of Medicine has been the only Health Professional Board to make this requirement.

Licensee profiles will be on the Web

Social Work licensee profiles will be made available to the public via the Health Department's website. Access will be free of charge. In just a couple of clicks, anyone may be able to view pertinent information about you, including:

- Practice information (location, telephone number, translating services etc.)
- License Status
- Education
- Specialty
- Publications, Professional Services, Activities and Awards
- Malpractice Information
- Felony Convictions Within the Last Ten Years
- Licensure Disciplinary Actions

The Board of Social Work will be publishing this information on the web as a service to District residents, with the intention of empowering the public to make more informed decisions when choosing to seek professional services.

Some questions about the profiles

You may have some questions after reading this. This researcher has already inquired and is currently awaiting the answers to a few questions that will, hopefully, be answered in a future article. For example:

- What specifically prompted the Board of Social Work to require these public profiles?
- How soon will HPLA be requesting and producing these profiles? What model will they be using?
- Has the Board considered any negative impacts that this practice may have on the licensing and retention of DC social workers?

The Department of Health's Health Professional Licensing Administration (HPLA) supports the Board of Social Work and will be handling the creation/implementation of these professional profiles. For more information contact a licensing specialist at the Health Professional Licensing Administration, phone 877-672-2174. ❖

Katricia Bennett is a MSW candidate at Howard University. She is currently interning at the DC Department of Health; her field instructor is Bonnie Gallagher, LICSW, a member of the DC Board of Social Work and a longtime GWSCSW member.

Earn Your PhD at THE CLINICAL SOCIAL WORK INSTITUTE

Interested in joining our 9th Class
for the 2007-08 Academic Year?

Your are invited to attend one of our
INFORMATION SESSIONS

Saturday, March 24

12:30 – 2:00 PM

Saturday, April 14

12:30 – 2:00 PM

Saturday, May 12

12:30 – 2:00 PM

Come learn more about our cutting-edge clinical social work curriculum, our New Advanced Clinical Social Work Certificate Program, meet some of our students and arrange to sit in on some of our classes.

Scholarships are available

Please RSVP!

The Clinical Social Work Institute, Inc.
5028 Wisconsin Avenue, NW, Suite 404
Washington DC 20016

Phone (202) 237-1202 or Email cswi@mindspring.com

GWSCSW BOOK CORNER

Our Book Corner celebrates the works of GWSCSW member authors. Please contact us at gwscsw@gmail.com with information about your publications-and those of your too-modest colleagues.

Erin Gilbert, MSW

Face to Face with Children: The Life and Work of Clare Winnicott

Joel Kanter, LCSW-C, Editor

It was in 1990 that Joel Kanter, LCSW-C, noted that renowned psychoanalyst Donald Winnicott's writings included references to social work interventions and to written materials by Donald's wife, Clare Winnicott. As Donald was not a social worker by training, these references piqued Kanter's interest. Kanter began hunting for writings by Clare Winnicott, who happened to be a moderately well-known social worker in her home country of England. After several fruitless searches in various libraries, Kanter discovered a 100-page monograph written by her, while he was visiting the University of Chicago's School of Social Work. After ten minutes reading in the stacks, he was intrigued enough to photocopy the entire book for later reading.

Kanter eventually sought additional writings by Clare. Over time, he became convinced that these writings were so compelling, both historically and clinically, that they should be published for American readers. He wrote letters to contacts in England, but little came of his queries.

In 1995, Kanter was working on another project when he spoke with a woman in England who revealed that she had been a friend of both Winnicotts, and her husband had in fact owned the publishing company that had produced Clare's monograph. Shortly thereafter, Kanter traveled to England and within a matter of days, uncovered a wealth of material about Clare and authored by Clare. By 1996, Kanter had collected the materials that he intended to include in a volume about her, and began working with publishers to bring this book to market. In 2004, his 14-year journey culminated in the publication of *Face to Face with Children: The Life and Work of Clare Winnicott*.

In a phone interview, Kanter explained why he had devoted so much time and care to the pursuit of Clare's work. He explained that he had been intrigued by the collaboration that existed between the spouses, and

he stated that Donald appeared highly influenced by Clare's work; for example, the concept of "holding" was used by Clare six years prior to its appearance in Donald's writings. In addition, Kanter explained that Clare described similar concepts to Donald in some of her writings, and her use of evocative language was accessible and highly descriptive—while Donald created jargon such as "transitional object," Clare described a "first treasured possession." Finally, he stated that she elucidated some powerful ideas about working with children—in particular, how best to communicate with them, and also how to examine their internal worlds within the context of ordinary environments.

Kanter wrote the book's introduction, which serves as a brief biography of Clare. The following chapters are comprised of published articles, transcripts of interviews and talks, and various letters. To learn more about the life and works of Clare Winnicott, see *Face to Face with Children: The Life and Work of Clare Winnicott*, available for purchase on amazon.com or barnesandnoble.com. ❖

Book Corner author, Erin Gilbert, LGSW, is a school social worker with the Family Support Center. Erin can be reached at gilberel@hotmail.com.

DID YOU KNOW ...

A purchase from Amazon.com made through the GWSCSW web site results in a contribution to your Society!

Go first to www.gwscsw.org and click the Amazon button!

Welcome New Members!

Full Members:

Susanne Bennett
Andrea Danzig
Veronica Everett
Karen Garman
Katherine Groves
Marianne Heilferty
Virginia Hendrickson
Nancy Henningsen
Deborah Horan
Candace Killian
Kristina MacGaffin
Carolyn Maurer
Linda Parker
Deborah Shulman

Graduate Members:

Mimi Kavanagh
Erin Sumser

Student Members:

Jackie Stout
Karen Walker

Mental Health Office Space to Rent

Gainesville Virginia
Heritage Village Plaza
Off Rt. 66 at Exit 43B

**New development in a
rapidly growing area
in need of clinicians**

Hourly or Half-time (20 hours)
Beautifully furnished,
sound proof, fax/copier,
handicap accessible,

Call Lorraine Schooner, PhD
703-402-2979

Out & About

This column shares news about members' professional accomplishments—our publications, speaking engagements, seminars, workshops, graduations—as well as our volunteer projects and special interests or hobbies. Here is what some of us have been up to...

Jon Frederickson, MSW, brought his insights to Scandinavia this past fall. He gave a two-day training in Copenhagen, Denmark, followed by a two-day videotaped presentation of his work at the University of Stavanger, Norway, in September.

In October 2006, **Rob Scuka, PhD, MSW**, was invited by Syracuse University's College of Human Services and Health Professions to present a day-long workshop entitled "For the Sake of the Children: Relationship Enhancement for Couples and Families." Rob was also invited by Adelphi University's School of Social Work to present a workshop entitled "Infidelity and Affairs: Helping Couples Heal Their Broken Hearts" in December 2006.

Sheila Rowny, MSW, and **Naomi Greenwood, MSW**, presented a 3-hour workshop called "Enhancing Your Sexual IQ: Addressing Sexuality in Individual and Couples Therapy" to a group of 65 psychologists at the Association of Practicing Psychologists of Montgomery and Prince George's Counties, on November 19, 2006.

In January, **Melinda Salzman, MSW**, who was a dance major in college, returned to the stage for the first time in 35 years. She performed with the Jane Franklin Dance Company, in a modern, improvisational dance piece called "Up the Stairs in the Attic." Melinda participated in the development of this improvisational piece, which was choreographed for older adults, and spoke to the process of going through the household belongings of parents or other loved ones. The performance was held at Dance Place in Washington, DC, near Catholic University.

In the February 28, 2007 edition of the *Washington Post*, **Vaughn J. Howland, MSW**, was quoted in an article about alcoholism on his extensive work with substance abuse and how to coordinate interventions by family and friends aimed at getting patients into treatment. ❖

Our thanks to Pat Driscoll, LICSW, for compiling and editing Out & About. Pat has long been active in the Society and most recently served on the Board as a GWSCSW Advisor.

PRESIDENTIAL PROFILES

Our History and our Hope: An Interview with Past President Alice Kassabian

Connie Ridgway, LICSW

"I think I was born into it," Alice Kassabian said of her beginnings in the field of social work, as we started our interview. Her parents were survivors of the Armenian Genocide in 1915, perpetrated by the then Turkish government, during which about 1.5 million Armenians living in Turkey were killed. Alice was born in the US, after her parents moved here to help preserve what was left of the Armenian community. Because of the crisis of needing to survive, Alice's family, and everyone in their tight-knit community, was involved in so many aspects of life together, such as the Armenian Red Cross, Armenian schools, and other Armenian community organizations. Alice has done a lot of research on genocide, and believes that the unresolved aspect of the genocide (which Turkey has never admitted to) motivates Armenians to keep their dual identification within both the Armenian and American cultures. Alice grew up contributing to her community and working for social justice. So when she found out about social work in high school, she was immediately drawn to it.

Alice grew up in New York City which she claims was a wonderful place to be because of its diversity. She noted that, in a time when other groups wanted to assimilate, the Armenians kept their identity through separate schools that taught about their ancient civilization. She muses that perhaps she had five children as an unconscious response to preserving her Armenian heritage.

"I had a fantastic history teacher," she says, who, in talking about American history, helped to bring alive the contributions of social workers throughout the 19th and 20th centuries in America. Alice graduated from the College of the City of New York (CCNY), where she met her husband, Albert, then a World War II returning veteran and now a lawyer. Alice graduated from Columbia University with a Master's Degree in Social Work. She and Albert then moved to Virginia where they raised their five children.

Alice wanted to be a clinician from the beginning, but put that off after having children, and ended up doing a great deal of volunteer work in the civil rights move-

ment. Through her church, which worked closely with an African-American church, she helped to set up the first non-profit day care center in Fairfax County.

The Commonwealth of Virginia did not want to racially integrate its public schools. Legislation was passed to try to help people circumvent integration in schools, such as the Pupil Placement Act. Virginia helped send children to private schools instead of integrated public schools. Albert Kassabian was active in the legal opposition of the Pupil Placement Act.

"There were dynamic changes in the country. It was a very exciting time," Alice said. She noted that some members of the white and African-American communities collaborated to oppose racial segregation in schools, housing and employment. Once racial integration legislation was achieved, there was less collaboration and contact. "The crisis, in a sense, went underground, in that after integration was achieved, active mobilization stopped. People went back to their normal, ordinary lives." We discussed this phenomenon—that "crisis mobilizes people."

When her children were older, Alice returned to being a clinician, working at the Family Service of Northern Virginia. Alice took every certificate course she could, so as to get up to date with current theories; she studied group therapy, advanced psychotherapy with the Washington School of Psychiatry, and family systems theory with Murray Bowen. "I liked the generational aspect of family systems theory, and the individuation aspect of psychoanalysis—it fit into my background to integrate them." She is now in private practice in Vienna, Virginia.

Alice became a member of GWSCSW early on. She had always been interested in working together, collaborating with others, and she saw this as a way to strengthen the profession. She was on the Board from 1975-1977, then left for a time to pursue and receive a Doctorate in Social Work from the Catholic University of America. She returned to the Board in 1987, and was Society president from 1995-1997. At the time, the

Board met monthly and was very involved in helping members prepare for their roles by shadowing other elected officers.

During and after her tenure as president, the Society and the social work field underwent massive changes. With the rise of managed care, clinicians were making less money and struggling against the loss of their autonomous practices due to invasive managed care policies. Social workers nationwide were looking for a way to rectify this, and the Clinical Social Work Federation was urging its members to unionize. An agreement between the Federation and OPEIU (the Office and Professional Employees International Union) established OPEIU Guild 49, to represent clinical social workers. Through a referendum of all its members, the Society voted against Guild affiliation. It seemed as though the Guild issue split the profession on both the national and state levels. The Society went through a difficult time and lost members. Now, we are again on the rise with a strong educational and legislative component.

Alice believes that we need to remember our biopsychosocial identity as social workers. "That is our unique strength," she says. "We're not just therapists or analysts. We need to speak up for social justice." She also believes we need to help strengthen each other, to support people such as the social worker who refused to disclose her psychotherapy notes in a Supreme Court case (*Jaffee vs. Redmond*, 1996). The best way to do this, she believes, is to have a strong social work organization where we work together to preserve our values, such as confidentiality and advocacy for disenfranchised people.

Alice also believes we must uphold the standards of our profession and not allow licensing standards to be diluted. "We should help practitioners who have been in the field and want to do clinical work to be able to work toward getting a license, but not allow standards to be lowered."

Alice Kassabian's energy, commitment and enthusiastic work for social justice is alive and well, and she continues to serve our Society as a vibrant, participating member, and an inspiration to our field. ❖

Connie Ridgway, LICSW, LMT, is a licensed clinical social worker and a licensed massage therapist in Washington, DC, and Alexandria, VA. Her practice, called Full Circle Creative Healing, integrates both mind and body therapies, encouraging our natural state of wholeness. She has been a member of GWSCSW since 1992.

THE INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY & PSYCHOANALYSIS

presents

Teaching Empathic Listening

with

Alan Kindler, MBBS, FRCPC

Saturday, March 10, 2007

Coffee & Registration: 8:30 am to 9:00 am

Program: 9:00 am to 12:30 pm

Three CEU will be awarded to participants. The Institute of Contemporary Psychotherapy and Psychoanalysis provides CEU's for psychologists, social workers and nurses. Please see website for further information concerning our accreditation: www.icpeast.org.

Fees: Free for members;
\$85 for non-members; \$35 for students

Register by sending a check, along with name, email address, post address and phone number to:
ICP&P 3000 Connecticut Avenue NW, Suite 108-A,
Washington, DC 20008

For information, call 202-686-9300 ext 4

**Relationship Enhancement
Therapy for
Couples and Families**

May 18–20, 2007

November 2–4, 2007

Bethesda, Maryland

20 CE Credits

Rob Scuka, PhD

author of

*Relationship Enhancement Therapy:
Healing Through Deep Empathy
and Intimate Dialogue*

(Routledge, 2005)

For more information:

www.nire.org 301-986-1479

**Two New Conferences from
The Bowen Center for the Study of the Family**

***Beyond Blame*
LAUNCHING THE
YOUNG ADULT**

March 23rd in Falls Church, VA
or March 30th in Baltimore, MD

As young adults leave their families, they seek independence to define their lives. The tasks they face include education and work, living on their own, and finding relationships for a future family. Despite their separateness, they are affected by their families — through the experience of their families as they grew up and in the relationships they maintain with family members as adults. How can a young adult recognize the profound impact of their original family, without blaming that family for whatever challenges they face today?

The *Beyond Blame* series of conferences is designed to provide a constructive way to understand and manage oneself in family relationships. The conferences feature lectures and discussions with clinical videotapes to highlight ideas.

***Spring Conference*
TRIANGLES AS
REGULATORS OF
SOCIAL SYSTEMS**

April 21-22, 2007
George Mason Law School
Arlington, VA

Triangles are the building blocks of all relationships. This different conceptual view is at the heart of clinical work. The triangle was one of the first concepts Dr. Bowen developed in his research with families at Menninger's, N.I.M.H, and Georgetown. The idea that tension between two people can be regulated through a third is simple to observe, yet complex to understand. The triangle permits an understanding of the regulation of anxiety in families and in organizations. Scientists studying non-human species have observed a similar emotional process. This conference seeks to broaden understanding of the triangle, its function in social systems, and its commonality among humans and other species.

**Social work and counseling ceus are available.
For additional conference information see
www.thebowncenter.org or
Contact us at 202-965-4400
or info@thebowncenter.org**

Worldwide, every 30 seconds another woman is diagnosed with breast cancer.

You can help find a way to prevent it.

Be Part of the ExCel Research Study

The George Washington University Medical Center is inviting postmenopausal women to join a research study for the prevention of breast cancer. You may be eligible if:

- You have never been diagnosed with invasive breast cancer
- You are 60 years old or older or
- You are 35 to 59 years old, postmenopausal and with risk factors for breast cancer. Staff will calculate risk for eligibility.
- You are not in any other research studies involving medication.
- You are not taking any type of hormone therapy including Evista.

The ExCel study is sponsored by the National Cancer Institute of Canada. Women will be assigned by chance to take an investigational drug or a placebo for 5 years.

The clinic is one block from the Foggy Bottom/GW Metro stop.

For more information about joining
Call: 202-872-3702 Email: glevin@gwu.edu



In Step, a group mental health private practice with locations in Fairfax and Sterling, Virginia, is seeking licensed clinical social workers and psychologists who specialize in work with children and families using individual, family, and group modalities.

If you are interested in joining a well-respected, creative, and dynamic group practice in either of our locations, please email your resume to instep@erols.com or fax to 703-876-8482.

Second Chance

Join the GWSCSW Prepaid Legal Plan

Response to GWSCSW 2007 Prepaid Legal Plan has been enthusiastic and over 75 people signed up for the program by the December 31 deadline. We are already receiving very positive feedback from those who have already used the service.

However, many people realized too late that they wished they had signed up, so we are offering a second chance.

Dates and terms of the subscription will remain the same (one hour of telephone consultation expiring on December 31, 2007). Cost for subscribers joining after December 31, 2006 is \$125.

If you no longer have your brochure describing the Plan, you may request one by email to: gwscsw@gmail.com and one will be emailed back to you. **However, you do not need the brochure to subscribe; information will be sent to subscribers by the attorneys telling them how to use the Plan.**

If you wish to subscribe:

- Mail a check for \$125 made payable to GWSCSW and write Prepaid Legal Plan on the memo line.
- Mail to:
GWSCSW
PO Box 3235
Oakton VA 22124.

If you have questions, call the office at 202-537-0007.

VISIT OUR WEBSITE:
www.gwscsw.org

GWSCSW.ORG CHANGES

Want to add or change anything you have posted on our society Web site?

Please email Margot Aronson at malevin@erols.com with your changes.

Career Consulting Services For Attorneys By An Attorney

Kate Neville has worked as a career advisor in the Georgetown University Law Center Office of Career Services and specializes in helping attorneys identify their full range of professional options and to find work they consider satisfying.

Ms. Neville is a *cum laude* graduate of Harvard Law School who has practiced law in both the private and public sectors and has also served in non-legal positions in the fields of management consulting, research and policy, and higher education.

For guidance tailored to attorneys who are interested in exploring professional opportunities and considering career transitions, please contact
kate.neville@verizon.net

THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY & PSYCHOANALYSIS

presents its 13th Annual Conference

A Day with Daniel Stern, MD
*From Infant Observation to Therapeutic Action:
Appreciating the Present Moment in the
Clinical Encounter*

Saturday, May 5, 2007

8:30 am to 4:15 pm
Bethesda Marriott Hotel
5151 Pooks Hill Road, Bethesda, Md.

Three CEU will be awarded to participants. The Institute of Contemporary Psychotherapy and Psychoanalysis provides CEU's for psychologists, social workers and nurses. Please see website for further information concerning our accreditation: www.icpeast.org.

Fees:

Before April 20: \$185 members / \$235 non-members / \$80 students
After April 20: \$200 members / \$250 non-members / \$95 students

Register by sending a check, along with name, email address, post address and phone number to:
ICP&P 3000 Connecticut Avenue NW, Suite 108-A,
Washington, DC 20008

For information, call 202-686-9300 ext 4

WWW WANDERINGS

Joel Kanter, LCSW-C

The NMCOP (www.nmcop.org) has approved the launching of a new quarterly online journal: *Beyond the Couch: The Online Journal of the NMCOP* at www.beyondthecouch.org.

The purpose of this journal will be to facilitate the communication of psychoanalytic ideas within the wider social work community. Unconstrained by the commercial and editorial parameters of academic publishing, *Beyond the Couch* will emphasize literate, experience-near and jargon-lite contributions that will be of interest to experienced, analytically-trained social workers as well as to new social workers largely unfamiliar with psychoanalytic theory and practice. The journal will include case reports, personal reflections, historical discussions, interviews, fiction and poetry, and responses to current events.

The inaugural issue includes a heretofore unpublished interview with Anna Freud, a case presentation by our recent speaker, George Hagman, and F. Gerard Fromm's paper from our 2004 Winnicott Conference.

Access to the journal will be free to all with web access, and all interested parties can sign up for email notification with a Table of Contents, each time a new issue is online.

I will be serving as Editor-in-Chief, and am assisted by an Editorial Board of other members of the NMCOP. We greatly welcome submissions from members of the GWSCSW, whether members of the NMCOP or not; check out the beyondthecouch.com for further information. ❖



Intervention Center

Helping People Accept Help

Vaughn J. Howland LCSW-C, MAC

301 588-4558

Howland@Intervention.com
www.Intervention.com

PO Box 253 Kensington MD 20895-0253

GWSCSW CONTINUING EDUCATION COURSES

A Home at the End of the World

Michael Cunningham's 1990 novel beautifully portrays the adolescent friendship of Bobby and Jonathan and later, as adults, the unconventional "family" they establish with Clare. Using the relationships Cunningham has carefully constructed, the group will discuss traditional and contemporary thoughts on marriage, family and divorce and their impact on the development of the individual throughout the life span. Group members will also explore how debates on current topics such as gay and lesbian marriage and the effects of divorce on children influence how we practice clinical social work.

Kathryn Chefetz, MSW, LICSW
and Ted Billings, MSW, LICSW
4612 49th Street, NW
Washington, DC 20016
Falls Church, VA 22043
(202) 362-4938, (202) 232-2001

Friday, March 16, 2007
1:00 – 3:00 PM
Member: \$30 / Non-Member: \$50
2 Hrs.

■ **Children and Adolescents in Separating and Divorcing Families: Needs, Tasks, Assessments and Treatment**

Children and adolescents in separating and divorcing families must navigate the same developmental tasks as the children of "intact" families. They also carry the extra burden of doing so through the disruptions and losses associated with the rupture of their parents' marriages and the consequent split of the primary bond to the parents. This course will consider the impact of separation and divorce on the developmental journey of children and adolescents. It will then address our roles as professionals in the assessment and treatment of emotional and behavioral problems that may occur in the context of separation and divorce.

Diane Rainey, PhD, LCSW
7700 Leesburg Pike, Suite 425
Falls Church, VA 22043
703-734-1103

Friday, April 20, 2007
11:00 AM – 2:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

Greater Washington jurisdictions renew every two years:

Virginia (June 30, 2007): 30 hrs, 2 hrs of Ethics
Maryland (October 30, 2006 or 2007): 40 hrs, 3 hrs of Ethics
DC (July 30, 2007): 40 hrs, 6 hrs of Ethics
GWSCSW courses meet requirements for VA, MD and DC license renewal including Ethics and board certification renewal.

■ **Ethics**

This course raises and reviews ethical questions the clinician faces in the course of practice. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter. **THIS COURSE MEETS THE VIRGINIA, MARYLAND, AND HALF OF THE DC LICENSING REQUIREMENTS.**

Carolyn Gruber, PhD, LICSW
6129 31st Street NW
Washington DC 20015
(202) 686 2139

Tuesday
12:00 NOON – 3:00 PM
Member: \$45 / Non-Member: \$75
3 Hrs.

Choose one: May 8 *or* May 15 *or* May 22, 2007

GWSCSW COURSE REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____

Office Phone (_____) _____

Email _____

Social Security No. _____ - _____ - _____

Years in Practice _____ GWSCSW Member

Courses:

_____ \$ _____

_____ \$ _____

Payment Enclosed: (make check payable to GWSCSW) \$ _____

Please return to:
GWSCSW
PO Box 3235
Oakton VA 22124

Questions? Call 202-537-0007

COMMITTEE REPORTS

Continuing Education

Ted Billings, MSW

Because Dolores Paulson has been appointed to the Virginia State Board of Social Work, she will not be able to continue in her role as Chair of the Continuing Education Committee. GWSCSW would like to congratulate Dolores on her new position. I know that she will represent the interests of social workers and our clients well in Richmond. Dolores also deserves a tremendous thank you from all of us for the work she has done over the years, and for the great leadership she has shown. Please join me and other members of the committee, especially Connie Hendrickson, Alice Kassabian, Diane Rainey, Marion Usher, and Audrey Walker, in wishing Dolores success and happiness in her new position.

Through consultation with the committee, Diana Seasonwein has appointed me Chair of the Continuing Education committee. I'd like to take a moment to introduce myself. I have been a member of the Society for about a year and a half now and have been the Treasurer since last July. Before attending Smith College's School for Social Work, I worked for about ten years on Capitol Hill in the personal offices of several Congressmen and a Senator. After receiving my MSW in 1994, I worked with children and adolescents in the therapeutic school at Sheppard Pratt Hospital, and with people with serious medical illnesses at Whitman-Walker Clinic, the American Cancer Society, and the American Heart Association. Throughout that period, I

also had a specialty private practice for gay men. In 2004, I entered private practice full-time, and have an office in Washington, DC.

The Continuing Education Committee is busy planning the curriculum for the 2007–2008 cycle. If you would be interested in teaching a course, please send me a short description of the topic for your course. The committee will be meeting soon to discuss submissions. I would also be happy to receive suggestions for course topics. Please contact me at Ted_Billings@comcast.net.

Thank you for supporting our courses this year—they have been a tremendous success.

Legislation & Advocacy

Margot Aronson, LICSW

The GWSCSW legislative committee needs you! This committee has a very focused agenda: our concerns are, first, mental health issues—particularly supporting proposals to improve access to quality mental health treatment and services—and, second, clinical social work licensing and scope of practice issues.

Rest assured: in each jurisdiction, there are plenty of mental health issues to work on! And in each, there are challenges to our licensing laws as well.

Alice Kassabian, one of our pioneer members who fought for licensing back in the '70s, is heading our legislative activities in Virginia; she and Karen Welscher-Enlow would welcome assistance. Likewise, Nancy

Cedar Wilson and I need help in Maryland. Larry Goldes has several volunteers for DC, but needs more participation; we have no lobbyist for the District, so having more eyes would mean greater awareness of issues.

There are many ways to get involved, from following a single issue, to monitoring proposed legislation, to joining in discussions, all the way to visiting delegates or council members and writing and/or offering testimony. Even a little help will go a long way. Please call me at 202-966-7749 to get started.

Membership

Melinda Salzman, LCSW-C

This year, we are holding our tea on February 25, probably just before you will have received this newsletter. Originally, we conceived of the tea as a way to honor new members. However, because it was such a pleasant event last year, we wanted to encourage everyone to attend, and we have renamed it the Society Member Tea.

We want to welcome our newest committee member, Joan Fishbein. Susan Marks and Sue Stevens are working with VCU and Catholic University to host a gathering for social work students at each of the schools. If you enjoy talking to students, we welcome you to join us at these events. We are also looking for a society member who would help us strengthen our tie with Howard University. If you can help with this endeavor, please contact me at (301) 585-7352 or salzmanmsw@starpower.net.

Mentor Committee

Sheila K. Rowny, LCSW-C

The Mentor Committee has made several more matches between newer social workers and experienced mentors. Participants report that this has been a rewarding activity for all involved. We encourage any new graduates, new Society members, or career changers to contact us. We try to connect people to mentors with similar interests, skills and experience. You can read about the benefits of the mentor program on the GWSCSW website, and also download applications to be a mentor or mentee.

The Mentor Committee is also planning a Friday afternoon panel discussion on "Getting Started in Private Practice." It will be held near Tyson's Corner on March 23 at 1 p.m. All Society members are welcome to attend. The panel will represent a range of social work specialties including children/adolescents, adult practice, geriatrics, and the chronically mentally ill. Issues addressed can include practical aspects like finding office space, record keeping and billing, insurance/managed care, and marketing your practice. It will also be a nice opportunity to network with others who are in the same phase of career development. We hope to see you there.

Newsletter

*Maya Godofsky, LICSW
Jennifer Kogan, LICSW*

Many thanks to Margot Aronson for giving us the opportunity to co-edit the GWSCSW newsletter. Putting this issue together has been a real learning experience for us, as we came on board mid-process.

Kudos to our new Special Projects Editor, Rachael Fried, who took on the daunting task of amassing a list of professional development programs for the newsletter. We're grateful to all those who have contributed or lent a hand as this issue has come together.

Maya relocated to Washington, DC last May, after living in New York City for eleven years. She earned her master's degree from Columbia University, and subsequently completed five years of postgraduate training at the Ackerman Institute for the Family. She has a private practice in Dupont Circle, specializing in therapy with couples and families.

After Jen received her master's degree from Catholic University, she went on to work with individuals with special needs and their families at the National Children's Center. She is now in private practice in Friendship Heights. Jen also co-leads a weekly new mom support group and offers ongoing parenting workshops.

In addition to covering important legislative news, our goal for future issues is to feature clinical pieces submitted by the GWSCSW readership. Clinical social work is the art and science of what we do everyday as clinicians, and we want to hear from you. If you have an idea you want to explore, or a technique you want to share, please email or call one of us at the addresses listed below.

We look forward to working and learning together.

Contact us at: Maya Godofsky, 202-595-1797, maya_beth@yahoo.com

Jennifer Kogan, 202-215-2790, koganblackwell@verizon.net ❖

Newsletter News!

Margot Aronson

Just in time for this issue, Jen Kogan and Maya Godofsky agreed to take the helm as co-editors of GWSCSW News & Views! And, in addition, Rachael Fried has become Special Projects editor, starting with this issue's special section on metro-area post-master's clinical programs.

Jen, Maya, and Rachael have all been active on the newsletter committee for the past several issues, writing and editing. We've been impressed with their abilities, energy, and initiative, and are delighted to have them on board in this expanded role.

As for me, I've always greatly enjoyed being editor, and will happily continue to write articles, particularly about legislative issues. But having "new blood" is good for the newsletter and for the Society, and I'm very happy to step back to a consultation-as-needed role.

Thanks to all of you whose ideas and articles and encouragement and support have made being editor such a pleasure. ❖



One of the Most Popular Benefits of GWSCSW Membership:

The GWSCSW Listserv!

Join the GWSCSW listserv. The listserv has become our primary up-to-date method of communication about dates to remember, meetings, gatherings, continuing education seminars, deadlines for renewals of membership, legal plan, and other participatory activities.

The listserv is also a valuable resource for sharing information on issues related to ethical dilemmas, insurance, referrals, private practice issues, educational resources, and just about anything else you may want to know.

You can choose to receive the listserv emails one by one or as a digest, which comes as one email per day and includes all postings.

To join the LISTSERV, email: GWSCSW@gmail.com

You'll be glad you did.

Need an extra GWSCSW Membership Directory?

Is your Directory at home when you're in the office, or in the office when you're at home?

Extra copies of the GWSCSW Membership Directory may be purchased for \$10 (includes S&H).

Send a \$10 check
made payable to GWSCSW
to:

GWSCSW
PO Box 3235
Oakton VA 22124

or call

202-537-0007
and pay with Visa or MC

Is Your Directory Information Correct?

Please take a minute to look at your entry in the recent membership directory and let us know if anything needs to be changed. Especially... please check your email address. Emails to many members are bouncing.

If you have information that needs to be updated, please fill out the form below and mail or fax into the office. You are also welcome to email the information directory to gwscsw@gmail.com. Just be sure to specify if the change is for home or office, and whether it is an addition or change to existing.

■ GWSCSW Directory Update / Change of Address, Office Info, Email, etc.

In addition to your name, please enter only information that has CHANGED since the last directory.

Name _____

REMOVE Office: located at _____

Home Address _____

ADD Office:
Address _____

City/State/Zip _____

City/State/Zip _____

Home (_____) _____

Office Phone (_____) _____

Home Office (_____) _____

Other: _____

Fax (_____) _____

E-Mail _____

Fax to: 703-938-8389 or Mail to: GWSCSW, PO Box 3235, Oakton VA 22124 ■ Email info to: gwscsw@gmail.com

ADVERTISEMENTS

Advertisements, accompanied by full payment, must be received by the GWSCSW by the first of the month preceding publication. Material should be sent to GWSCSW, PO Box 3235, Oakton VA 22124 or gwscsw@gmail.com. For questions about advertising, call 202-537-0007.

Classified Ads: 75¢ per word	Display Ads: Full page 7 x 9¼	\$300	Half page	\$175
Minimum price \$15 (20 words)	Quarter page 3¾ x 4½	\$100	Horizontal: 7 wide x 4½ high	
	Eighth page 3¾ x 2¼	\$ 50	Vertical: 3¾ wide x 9¼ high	

Size of display ads indicated above is width by height. These are the only sizes that will be accepted. Electronic submission (PDF) preferred. Publication does not in any way constitute endorsement or approval by GWSCSW which reserves the right to reject advertisements for any reason at any time.

OFFICE SPACE AVAILABLE

NW DC: Attractive office for lease in DC, in long-standing suite with three other psychotherapists (multi-disciplines); shared waiting-room and bathroom, reserved parking. Rent, cleaning and supplies shared equally. Located on Connecticut Avenue in secure, primarily residential, lobbied building near the VanNess/UDC metro stop, Red line. Available now. Call Dr. Ruth Reynolds, 202-244-0307 or e-mail reynoldsruths@msn.com.

DUPONT CIRCLE: Hourly or part-time sublet. Spacious, charming, sunny office and waiting room. Great location two blocks from Metro. Two parking spaces available. Call Sarah Pillsbury, 202-332-9473 or email Psarah@aol.com.

DUPONT CIRCLE: Office available to sublet all day and evening on Mondays, and Friday mornings, beginning Monday May 14, 2007. Newly decorated office is located steps away from the Dupont Circle metro stop in the historic Anchorage Building and is part of a suite of four therapists' offices that includes a waiting room, bathroom, and kitchenette. Please contact Megan Flood, LICSW at 202-841-7051.

DUPONT CIRCLE: Sublet beautiful private office, with waiting room, kitchenette and bath en suite. Doorman building, steps from the Dupont Circle metro. Available Monday through Thursday until 2 pm. Reply to sheilacahill@mac.com or call 202-966-8390.

ROCKVILLE: Beautiful furnished office available for part-time sublet in suite with other psychotherapists. Located two blocks from Metro across from new Rockville Town Center. Free parking. Call Joan Hart at 301-738-2078 x2 for details.

BETHESDA: Office to sublet. Great location, near Metro. Available Tuesdays, Wednesdays, Fridays and Saturdays. Contact Marjorie Swett, 301-718-8075.

OFFICE SPACE WANTED

ROCKVILLE: Looking to lease office space with other psychotherapist(s) in the area of Rockville Town Center, within walking distance to the metro. Hoping for lease to start around July. Please contact Beth at 301-279-7779.

POSITION AVAILABLE

COPE, Inc., is seeking a licensed social worker for a position in DC, Bethesda MD and/or Reston VA. Individual must have a Level-5 security clearance. Full or flexible work hours, but at least 30 consistent hours each week. Contact D. Vail at 202-628-5100 or fax resume to 202-628-5111. Email to eap@cope-inc.com.

TRAINING

SOCIAL WORK LICENSING: Prep Courses and Home Study Materials. For sample questions, schedule, and information call Jewell Elizabeth Golden, LCSW-C, LICSW, BCD, 301-762-9090.

GROUPS

ANOREXIA/BULIMIA PSYCHOTHERAPY GROUP: Ongoing group for patients in the 20s and 30s suffering from anorexia or bulimia who are in individual therapy. Call Joan Hart at 301-738-2078 x2 for details.

ADOLESCENT THERAPY GROUPS: Ongoing psychotherapy groups for adolescents 11-22. Call Britt Rathbone, LCSW-C, 301-230-9490. www.rathboneandassociates.com.

PSYCHOTHERAPY GROUP FOR THERAPISTS: Focusing on the impact of trauma therapy on the therapist. Contact Debra Neumann, PhD at 301-320-4446.

FREE PEER SUPPORT GROUPS: For children or adolescents who have experienced significant loss (death, divorce, other separation) in Silver Spring. Call RAINBOWS MD/DC Chapter at 301-495-0051.

EVENTS

"The Special Reality of the Analytic Situation" will be presented April 28, 2007 at the Baltimore Washington Center for Psychoanalysis, from 5:00 - 6:30 p.m. Lawrence Levenson, MD will lead the seminar. For more information see www.bwanalysis.org or call 301-470-3635 or 410-792-8060.

The GWSCSW Referral Panel

Look here first for...

- A Russian, Portuguese, Hebrew, French, Spanish or Dutch speaking therapist?
- A group for bulimics, new mothers, or gays in the process of coming out?
- A specialist in EMDR, women's sexuality, or gay/lesbian issues?
- A child or geriatric or couples therapist?
- A Medicaid or Medicare provider?

The GWSCSW Referral Panel provides practice information on participating GWSCSW members in DC, Maryland and Virginia. Population, specialty, groups, insurance participation, theoretical orientation, languages spoken and lots more!

301-530-4765 ~ www.metropsychotherapy.info

UPCOMING GWSCSW EVENTS & IMPORTANT DATES

March 2 First Fridays: Psychoanalytic Case Conference
When a Patient Has Two Therapists (Part II)

Presenters: Harold Wylie MD, Mavis Wylie PhD, Maria Graciela Steiger MD
Time: 12:45–2:15 PM (brown bag lunch)
Location: The Green Door, Taylor Street NW, Washington DC
Info: www.gwscsw.org

March 16 A Home at the End of the World*

Time: 1:00 PM – 3:00 PM
Location: 49th Street NW, Washington, DC
Presenters: Kathryn Chefetz, MSW & Ted Billings, MSW
Info: 202-537-0007

March 23 Getting Started in Private Practice

Time: 1:00 PM – 3:00 PM
Location: Tysons Corner, VA
Info: 571-723-6424

April 6 First Fridays: Psychoanalytic Case Conference
Facilitating Emotional Regulation Through the Therapeutic Relationship: A Self-Psychological Approach

Presenters: Marie Hellinger, LICSW
Time: 12:45–2:15 PM (brown bag lunch)
Location: The Green Door, Taylor Street NW, Washington DC
Info: www.gwscsw.org

April 20 Children and Adolescents in Separating and Divorcing Families: Needs, Tasks, Assessments and Treatment

Time: 11:00 AM – 2:00 PM
Location: Leesburg Pike, Falls Church, Virginia
Presenter: Diane Rainey, PhD
Info: 202-357-0007

April 22 GWSCSW Brunch Meeting
Theoretical Developments in Understanding Women's Development

Time: 10:30 AM – 1:30 PM
Location: Chef Geoff's, Washington DC
Presenter: Joan Berzoff, MSW, EdD
Info: www.gwscsw.org or 202-537-0007

May 4 First Fridays: Psychoanalytic Case Conference
Ethics in Psychoanalytic Treatments

Presenters: Barry Landau, MD
Time: 12:45–2:15 PM (brown bag lunch)
Location: The Green Door, Taylor Street NW, Washington DC
Info: www.gwscsw.org

May 8 Ethics

Time: 12:00 Noon – 3:00 PM
Location: 31st Street NW, Washington, DC
Presenters: Carolyn Gruber, PhD, LICSW
Info: 202-537-0007

May 12 GWSCSW Annual Conference:
Attachment Theory and Social Work Practice

Commemorating the Bowlby Centenary
Presenters: Christopher Reeve and others
Time: 8:30 AM – 4:00 PM
Location: TBA
Info: www.gwscsw.org or 202-537-0007

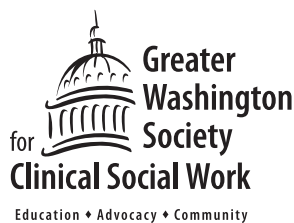
May 15 Ethics (see May 8 above)

May 22 Ethics (see May 8 above)

June 7 GWSCSW Annual Dinner & Celebration

Save the Date – Info to follow

* See page 31 for more information about GWSCSW continuing education courses.
For information, call GWSCSW at 202-537-0007 or go to www.gwscsw.org



PO Box 3235
Oakton VA 22124

PRSR-STD US POSTAGE PAID Permit No. 6559 Fairfax VA
--