

GWSCSW 2009 CONTINUING EDUCATION COURSES

■ Effective Treatment for Autistic Spectrum Disorders: An Eco-Systemic Approach

Increasing evidence demonstrates that Autism Spectrum Disorders (ASDs) have genetically based etiologies. At the same time, individuals with autism both impact and are impacted upon by their social environments. Working with families, school systems, other health care practitioners, and social service systems is an integral part of any effective treatment for individuals with autism. This course will assist clinicians in working with families and larger systems to help autistic children and adults to lead more fulfilling, productive lives. Bring your own lunch.

Instructor: Jonah Green, MSW
Location: 3930 Knowles Avenue #200, Kensington MD
Date: January 18, 2009
Time: 10:00 am – 2:00 pm
Info: 301-466-9526
Cost: Members: \$60 / Non-Members \$100
CEUs: 4 Hours

■ The Supervisory Relationship

This is a two-day workshop for those who supervise or who are considering supervising practitioners of clinical social work. The focus of the workshop will be on the relational dynamics between supervisor and supervisee. The underlying assumption is that this relationship is the most significant medium through which clinical social work is taught to practitioners. A model will be presented which describes clinical supervision. The primary elements of the supervisory relationship include the use of power and authority, and the development of trust and shared meaning. The process of supervision is seen as one of accountability and the goal is that of insuring competent service to clients. All of this takes place in a larger context, which includes the agency, the community, funding sources and credentialing bodies.

We are offering a 12-hour course to meet the Maryland requirements for supervision certification with an optional additional 2-hour case conference Saturday afternoon from 3:15–5:15 to meet the 14 hour Virginia continuing education requirement. Lunch is included for both days.

Instructor: Eileen Stanzione, PhD
Location: Northern Virginia TBA
Info: 240-409-0005
Date: February 6 & 7
Time: 9:30 am – 5:15 pm
Cost: Member: \$150 (12 hrs) or \$180 (14 hrs)
Non-members: \$275 (12 hrs) or \$325 (14 hrs)
CEUs: 12 or 14 Hours

■ An Overview of Neurofeedback for Clinical Social Workers

This four-hour course will describe and explore clinical applications using neurotherapy interventions for clients with PTSD, traumatic brain injury, pain, chronic health conditions, and cognitive problems. Neurotherapy assessment data gives valuable information about difficult-to-treat clients. The burgeoning contribution of neurological research to understanding central nervous system, and autonomic nervous system functioning in relation to DSM conditions offers new tools for therapist and client. Case illustrations will be presented. Ongoing neurofeedback research data for PTSD/TBI with Iraq service members, will be presented, as well as published research outcomes with fibromyalgia, and TBI. EEG patterns will illustrate the relationship between history, current psychosocial functioning, and predictive value for appropriateness of neurofeedback treatment.

Instructor: Mary Lee Esty, PhD
Location: 7920 Norfolk Avenue #200, Bethesda MD
Info: 301-652-7175
Date: February 21, 2009
Time: 9:00 am – 1:00 pm
Cost: Members: \$60 / Non-Members \$100
CEUs: 4 Hours

■ Freeing Your Inner Voice: Self-Care for the Therapist

Resonance...attunement...sympathy...instrument...all are words of music. And therapy. Therapists use themselves and their voices to be a healing presence. Recent brain studies show what singers and healers have intuitively known, that music, especially when performed and not just listened to, deeply affects our self-regulation, calms our sympathetic nervous system, helps us concentrate and remember, changes brainwave frequency, and reduces depression and anxiety. Freeing the voice can take many forms, all for the benefit of the therapist and thus for our clients. This workshop hopes to provide a fun way to open us up for more capacity for staying in the present, listening, speaking the truth, and enjoying.

Instructor: Connie Ridgeway, MSW
Location: 4115 Wisconsin Ave. NW #203, Washington, DC
Info: 202-966-8230
Date: March 18, 2009
Time: 9:30 am – 12:30 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 Hours

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■ Ethics: Boundary Violations

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on boundary violations. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter.

Instructor: Carolyn Gruber, PhD, LICSW
Location: 6129 31st Street NW, Washington DC 20015
Info: 202-686-2139
Date: May 13, 2009
Time: 12:00 noon – 3:00 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 hours

■ Ethics: Termination

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on issues relating to termination. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter.

Instructor: Carolyn Gruber, PhD, LICSW
Location: 6129 31st Street NW, Washington DC 20015
Info: 202-686-2139
Date: May 27, 2009
Time: 12:00 noon – 3:00 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 hours

CEUs For Your Study Group

Study Groups promote ongoing social work education, collaboration, peer leadership, and the exploration of a wide range of clinical interests. The GWSCSW Continuing Education Committee has developed procedures to make it possible for GWSCSW members in Study Groups to be granted Continuing Education Units (CEUs).

A study group can be a wonderful resource for Society members, since no fee is charged for participation and members themselves can establish the size, time, place, frequency, content and learning objectives of the group. Generally these groups are led by peers, though they may be leader-led. Group discussion may utilize resources such as books, articles, films, case examples, or even call upon relevant outside expertise.

For information, contact Ted Billings,
Continuing Education Chair, 202-232-2001

■ The Role of Social Workers in Stroke Recovery

This course is for anyone working or aspiring to work with clients affected by Stroke: Stroke Survivors, Caregivers and Family. The central theme of this course is the role of Social Workers in Stroke Recovery with an emphasis on psychotherapy and counseling focused on rebuilding a life despite lasting impairments. Case material and video clips will be presented.

The course will include an overview of stroke, the many different ways stroke affects the brain and implications for stroke recovery. We will also look at the roles of Occupational and Physical Therapy and Speech and Language pathology in stroke recovery. Come and learn how you can help this underserved population.

Instructors: Flora Ingenhouz & Melinda Salzman
Location: 11500 Nairn Farmhouse Ct., Wheaton, MD
Info: 301-649-5525
Date: March 6, 2009
Time: 9:45 am – 1:00 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 hours

■ Book: The Brain and the Inner World

We will discuss *The Brain and the Inner World: An Introduction to the Neuroscience of Subjective Experience* by Mark Solms and Oliver Turnbull. Solms has published several works exploring relationships between psychoanalysis and neuroscience, his dual passions. The authors assure the reader, "This is very much a beginner's guide to the brain. It makes virtually no assumptions about previous knowledge of neuroscience." Topics include consciousness and the unconscious, emotion and motivation, dreams and hallucinations, the self and the neuroscience of the "talking cure," as well as future implications.

Instructor: Diane Rainey, PhD
Location: 7700 Leesburg Pike #425, Falls Church VA
Info: 703-734-1103
Date: May 22, 2009
Time: 1:00 pm – 3:00 pm
Cost: Members: \$30 / Non-Members \$50
CEUs: 2 Hours



**Classes fill up quickly!
Please register early so
you won't be disappointed.**