

# GWSCSW Course Offerings 2009–2010

The following pages describe the 2009–2010 selections offered by the GWSCSW Continuing Education committee. Considerable attention has been given to insure that the topics meet the needs and interests of the clinical social work community. The program's focus is clinical. Non-clinicians will be admitted to classes at the discretion of the instructor.

■ **FEES** Fees are reduced by 50% for GWSCSW Graduate members. Some scholarship funds are available.

■ **CEUs** Participants will be issued a Certificate of Attendance at the conclusion of each course which will document the hours attended.

■ **REGISTRATION** Many of the courses fill up quickly. Priority in registering is given to GWSCSW members. Please register at least one week prior to the beginning of the course in order to be included on the class list.

■ **REFUNDS** Cancellations made prior to 48 hours before the first day of the course will receive GWSCSW credit. There are no refunds for cancellations made less than 48 hours prior to the course.

■ **QUESTIONS** If you have any questions regarding a particular course please contact the instructor. Please contact the Chair for scholarship information.

## GWSCSW Study Groups

A study group can be a wonderful resource for Society members, since members themselves can establish the size, time, place, frequency, content and learning objectives of the group. Generally these groups are led by peers, though they may be leader-led. Group discussion may utilize resources such as books, articles, films, case examples, or even call upon relevant outside expertise. The chair of the Continuing Education Committee and the vice president (education) are available for consultation.

The GWSCSW Continuing Education Committee has developed procedures to award CEUs to study groups participants.

Each study group should select a coordinator to record attendance, document educational content for each session, and submit the following to the Continuing Education Committee:

1. Learning objectives
2. Education content, including a bibliography
3. List of participants
4. List of attendees for each meeting
5. Evaluation forms from each attendee at the end of the academic year.
6. A check for \$15 per person, payable to GWSCSW.

Continuing Education Committee Chair: Ted Billings, (202) 232-2001 or ted.billings@gmail.com

### GWSCSW COURSES REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Office Phone (\_\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

Courses Desired:	Date:	Member Fee	Non-Member Fee
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_____	_____	\$ _____	\$ _____
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_____	_____	\$ _____	\$ _____
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<b>PAYMENT INFO</b>	<b>TOTAL</b>	<b>\$ _____</b>	<b>\$ _____</b>
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Check (payable to GWSCSW) \$ \_\_\_\_\_

Charge to my VISA or MasterCard \$ \_\_\_\_\_

Credit Card Billing Address is same as above

Billing Address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

Credit Card # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp \_\_\_\_ / \_\_\_\_

Please return to:

**GWCSWS**

**PO Box 3235**

**Oakton VA 22124**

or if paying with credit card,  
you may fax to 703-938-8389

## ETHICS

### ■ Ethics: Emergency Coverage of Your Practice – Practical & Ethical Considerations

If you suddenly were to become incapacitated, due to injury, illness or death, who would contact your clients? Just as it is important for an individual to write a will to protect personal assets and provide for his or her dependents, it is also prudent for a clinician to prepare for an untimely or unanticipated inability to carry out their functions at work. The purpose of this course is to help clinicians anticipate the needs of their clients and their business or the organization where they work, should such an emergency arise. The goal of the course is to enable participants to identify individuals who could step in if needed, write instructions for their backup personnel, and distribute these instructions. Three-session course.

Dates: **Fridays, September 11, 25 & October 9**

Time: 1:30 pm – 3:30 pm

Location: 1707 Black Oak Lane, Silver Spring MD 20910

Instructor: Melinda Salzman

Info: 301-588-3225

Cost: Members: \$90 / Non-Members \$150

CEUs: 6 hours

### ■ Ethics: Boundary Violations

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on boundary violations. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter.

Dates: **Wednesday, September 16, 2009**

Time: 12:00 noon – 3:00 pm

Location: 6129 31st Street NW, Washington DC 20015

Instructor: Carolyn Gruber, PhD, LICSW

Info: 202-686-2139

Cost: Members: \$45 / Non-Members \$75

CEUs: 3 hours

**Class sizes are limited!**

**Please register  
early so you won't be disappointed.**

### ■ Ethics: Termination

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on issues relating to termination. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter.

Dates: **Wednesday, September 30, 2009**

Time: 12:00 noon – 3:00 pm

Location: 6129 31st Street NW, Washington DC 20015

Instructor: Carolyn Gruber, PhD, LICSW

Info: 202-686-2139

Cost: Members: \$45 / Non-Members \$75

CEUs: 3 hours

## THE BRAIN

### ■ An Overview of Neurofeedback for Clinical Social Workers

This four-hour course will describe and explore clinical applications using Neurotherapy interventions for clients with PTSD, traumatic brain injury, pain, chronic health conditions, and cognitive problems. Neurotherapy assessment data gives valuable information about difficult-to-treat clients. The burgeoning contribution of neurological research to understanding central nervous system (CNS), and autonomic nervous system (ANS) functioning in relation to DSM conditions offers new tools for therapist and client. Case illustrations will be presented. Ongoing Neurofeedback research data for PTSD/TBI with Iraq service members, will be presented, as well as published research outcomes with fibromyalgia, and TBI. EEG patterns will illustrate the relationship between history, current psychosocial functioning, and predictive value for appropriateness of Neurofeedback treatment. Time permitting, an EEG map will be offered to a participant as a demonstration

Date: **Sunday, November 15, 2009**

Time: 9:00 am – 1:00 pm

Location: 7920 Norfolk Avenue #200,  
Bethesda MD 20814

Instructor: Mary Lee Esty, PhD

Info: 301-652-7175

Cost: Members: \$60 / Non-Members \$100

CEUs: 4 hours

**For questions, call 202-537-0007 or email [gwscsw@gmail.com](mailto:gwscsw@gmail.com)**

## CHANGE

### ■ Effecting Positive Change Within Affluent Families

As social workers, most of us know that poverty can have a devastating effect on children and families. But affluent children and families face a number of difficulties as well. Although affluent families have many strengths and there is a great deal of diversity among them, studies suggest that children from higher-income families suffer from high rates of anxiety, depression, eating disorders, and substance abuse, and that they may also endure high rates of psychopathology in adulthood. This course will address the challenges that many wealthy families face, identify the challenges to activating change with affluent families, offer ideas for engaging with and activating positive change among wealthy families, and suggest how clinical work with affluent families can be a vehicle for effecting change throughout society.

Date: **Friday, February 26, 2010**

Time: 9:00 AM – 1:00 PM

Location: 3930 Knowles Avenue #200  
Kensington, MD 20895

Instructor: Jonah Green, MSW

Info: 301-466-9526

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours

### ■ Empowering Therapists with Skills and Knowledge to Adapt to the Changing Nature of Family Connections in Our Technological Society

In the past 20 years, the emergence of an incredibly fast-moving technological evolution has had a dramatic effect on our society at work, at play, at home and within relationships. This change has affected the way work is done, the way it's organized, and the speed at which it must be accomplished and is producing enormous, unintended effects on us, physically, mentally, and emotionally. These changes have also affected individuals, couples and families in the way people play, relate to one another, understand each other across the generations, remain connected (or not), and how the family, in particular, functions in this world.

This course will address the particular challenges associated with technology's impact on the family to include: the therapeutic assessment of technology use and/or abuse; how to develop guidelines for use of technology in the therapeutic relationship; understanding how technology affects each family, both positively and negatively; and how to empower parents in their role of creating meaningful connections within and between family members. Two session course.

Date: **Mondays, March 1 & 8, 2010**

Time: 10:00 AM – 1:00 PM

Location: 4405 East-West Highway #508  
Bethesda, MD 20814

Instructor: Marie Caterini Choppin, MSW

Info: 301-625-9102

Cost: Members \$90 / Non-Members \$150

CEUs: 6 hours

### ■ Helping Families Through the Process of Change: A Contemporary Lens For Family Therapy

Participants will learn about the process of change and states of change (Precontemplation, Contemplation, Preparation, Action, Maintenance, and Recycling) to begin to consider their relevance to family therapy. Family therapy is a very rich, dynamic intervention and offers endless opportunities and options for change but rarely do family members enter therapy in the same frame of mind about change. Each family member brings his or her own level of interest, motivation and readiness for change. Helping a family sort out and move through a change process together can therefore pose very interesting challenges. Actual behavioral change is often easiest to see but much is happening before and after this occurs, and much can be done to support individuals and families in this process. Viewing a family through a lens of change as a process can help us maintain a spirit of hope and possibility and allow for families to reach deeper acceptance of themselves and each other.

Date: **Friday, April 23, 2010**

Time: 9:00 AM – 1:00 PM

Location: 11161 New Hampshire Avenue, #307  
Silver Spring, MD 20904

Instructor: Erica J. Berger, MSW

Info: 202-244-5121

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours

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GWSCSW members are entitled to substantial discounts on registration fees.

If you are considering joining GWSCSW, please do so *prior to* registering for a course as discounts cannot be applied retroactively. Download an application from [www.gwscsw.org](http://www.gwscsw.org) or call the office at **202-537-0007** for more information.

**For questions, call 202-537-0007 or email [gwscsw@gmail.com](mailto:gwscsw@gmail.com)**