

GWSCSW Course Offerings 2008–2009

This brochure describes the 2008–2009 selections being offered by the Continuing Education Committee of the GWSCSW. Considerable attention has been given to insure that the topics meet the needs and interests of the clinical social work community. The program's focus is clinical. Non-clinicians will be admitted to classes at the discretion of the instructor.

■ **FEES** Some courses have small additional fees for educational materials. Please note, fees are reduced by 50% for GWSCSW Graduate members. Some scholarship funds are available.

GWSCSW members are entitled to substantial discounts on registration fees. If you are considering joining GWSCSW, please do so prior to registering for a course; discounts cannot be applied retroactively. Download an application form from www.gwscsw.org or call the office at 202-537-0007 for more information.

■ **CEUs** Participants will be issued a Certificate of Attendance at the conclusion of each course which will document the hours attended.

■ **REGISTRATION** Many of the courses fill up quickly. Priority in registering is given to GWSCSW members. In the event that a course is being offered for the second time, preference will be given to first time registrants. Please register at least one week prior to the beginning of the course in order to be included on the class list.

■ **REFUNDS** Cancellations made prior to 48 hours before the first day of the course will receive GWSCSW credit. There are no refunds for cancellations made less than 48 hours prior to the course.

■ **QUESTIONS** If you have any questions regarding a particular course please contact the instructor. Please call the Chair for scholarship information.

Ted Billings, Chair
Continuing Education Committee
(202) 232-2001

Register Your Study Group with GWSCSW for CEUs

Study Groups promote ongoing social work education, collaboration, peer leadership, and the exploration of a wide range of clinical interests. The GWSCSW Continuing Education Committee has developed procedures to make it possible for GWSCSW members in Study Groups to be granted Continuing Education Units (CEUs).

A study group can be a wonderful resource for Society members, since no fee is charged for participation and members themselves can establish the size, time, place, frequency, content and learning objectives of the group. Generally these groups are led by peers, though they may be leader-led. Group discussion may utilize resources such as books, articles, films, case examples, or even call upon relevant outside expertise.

The chair of the Continuing Education Committee and the vice president for Educational Affairs are available for consultation if needed.

Each study group should select a coordinator to record attendance and document educational content for each session.

Complete the following information about your Study Group:

1. Learning objectives
2. Education content, including a bibliography
3. List of participants
4. List of attendees for each meeting
5. Evaluation forms from each attendee at the end of the academic year.
6. A check for \$15 per person, payable to GWSCSW.

Submit all materials to Ted Billings. The appropriate number of CEUs will be awarded to each Study Group member.

For more information, contact Ted Billings, 202-232-2001.

GWSCSW COURSES REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Office Phone (_____) _____

E-Mail _____

Courses Desired:	Date:	Member Fee	Non-Member Fee
------------------	-------	------------	----------------

_____	_____	\$ _____	\$ _____
-------	-------	----------	----------

_____	_____	\$ _____	\$ _____
-------	-------	----------	----------

PAYMENT INFO	TOTAL	\$ _____	\$ _____
---------------------	--------------	----------	----------

Check (payable to GWSCSW) \$ _____

Charge to my VISA or MasterCard \$ _____

Credit Card Billing Address is same as above

Billing Address _____

_____ Zip _____

Credit Card # _____ - _____ - _____ Exp ____/____

Please return to:

GWCSWS

PO Box 3235

Oakton VA 22124

or if paying with credit card,
you may fax to 703-938-8389

CLINICAL SOCIAL WORK PRACTICE

■ Ethics: Boundary Violations

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on boundary violations. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter. THIS COURSE MEETS THE VIRGINIA, MARYLAND, AND HALF OF THE DC LICENSING REQUIREMENTS.

Instructor: Carolyn Gruber, PhD, LICSW
Location: 6129 31st Street NW, Washington DC 20015
Info: 202-686-2139
Date: September 10, 2008
Time: 12:00 noon – 3:00 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 hours

■ Ethics: Termination

This course raises and reviews ethical questions the clinician faces in the course of practice with a particular emphasis on issues relating to termination. Questions are analyzed and understood based on the Clinical Social Work Association's Code of Ethics. Students are encouraged to bring into class ethical questions they encounter. THIS COURSE MEETS THE VIRGINIA, MARYLAND, AND HALF OF THE DC LICENSING REQUIREMENTS.

Instructor: Carolyn Gruber, PhD, LICSW
Location: 6129 31st Street NW, Washington DC 20015
Info: 202-686-2139
Date: October 15, 2008
Time: 12:00 noon – 3:00 pm
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 hours

■ Successful Private Practice: What They Didn't Teach You in Social Work School

Develop the mindset to succeed and learn specific strategies and tools to make it happen in this practical, dynamic workshop. Starting and successfully building a private practice is a challenge most of us were never taught to manage in social work school. In this workshop, the director of a successful private practice will provide you with valuable information about the business of providing therapy.

Instructor: Britt Rathbone, MSW
Location: Bethesda Regional Library
7400 Arlington Road, Bethesda MD 20814
Info: 202-537-0007
Date: November 14, 2008
Time: 10:30 am – 1:30 noon
Cost: Members: \$45 / Non-Members \$75
CEUs: 3 Hours

■ The Supervisory Relationship

This is a two-day workshop for those who supervise or who are considering supervising practitioners of clinical social work. The focus of the workshop will be on the relational dynamics between supervisor and supervisee. The underlying assumption is that this relationship is the most significant medium through which clinical social work is taught to practitioners. A model will be presented which describes clinical supervision. The primary elements of the supervisory relationship include the use of power and authority, and the development of trust and shared meaning. The process of supervision is seen as one of accountability and the goal is that of insuring competent service to clients. All of this takes place in a larger context, which includes the agency, the community, funding sources and credentialing bodies.

We are offering a 12-hour course to meet the Maryland requirements for supervision certification with an optional additional 2-hour case conference Saturday afternoon from 3:15–5:15 to meet the 14 hour Virginia continuing education requirement. Lunch is included for both days.

Instructor: Tamara L. Kaiser, PhD
Location: Suburban Hospital, Conference Rooms 6 and 7
8600 Old Georgetown Road, Bethesda, MD 20814
Date: September 19 and 20, 2008
Time: 9:30 am – 5:15 pm
Cost: Member: \$150 (12 hrs) or \$180 (14 hrs)
Non-members: \$275 (12 hrs) or \$325 (14 hrs)
Includes lunch both days
CEUs: 12 or 14 Hours

THE BRAIN AND CLINICAL SOCIAL WORK

■ Neuroscience and its Implications for Clinical Social Work Practice

This two-part workshop will focus on the brain from a utilitarian perspective. It will discuss the basic parts of the brain via easy-to-understand language and discussion.

Over the past 20 years, tremendous progress has been made in understanding the structures of the brain, their functioning and the relationships between these structures and behavior. More recently, brain researchers have begun to explore the biologic basis of both consciousness and self. The implications of all these discoveries for clinical practice are beginning to make their way into the field of social work. This course will provide an introduction to neuroscience and prepare clinical social workers with the background they need to engage in exploration and discussion of these important developments. Topics will include: the five major brain systems, including the deep limbic system, the basal ganglia, the prefrontal cortex, the cingulate and the temporal lobes; how the brain works, what happens when things go wrong, and ways of optimizing brain function.

Instructor: Eileen Stanzione, PhD
Location: Davis Community Library
6400 Democracy Blvd, Bethesda MD 20817
Info: 240-409-0005
Date: September 26 & October 3, 2008
Time: 11 am to 2 pm
Cost: Members: \$90 / Non-Members \$150
CEUs: 6 Hours

■ Attachment Theory, Love and Neurobiology

Instead of What's Love Got to Do with It, let's take a look at What's Attachment Theory Got to Do with It? Attachment Theory provides us with an understanding of love. Attachment Theory, at the same time, provides us with a road map to understand couples in distress and how to intervene effectively. The work by John Bowlby and Mary Ainsworth, the founders of Attachment Theory, focused on the relationship between children and their parents. This is a natural place to begin to understand love. Taking a look at how Attachment Theory informs couples work, specifically Emotionally Focused Couple Therapy (EFT), we will be expanding love between children and parents to love between partners. In this course, we will look at eight ways in which Attachment Theory informs couples work. Attachment Theory proposes, among other tenets, that people are hard-wired to seek and maintain a safe connection with a few key others and respond with alarm when that bond is threatened. We will also look at research that helps us understand the neurobiology of when couples have a secure attachment and when they are in distress.

Instructor: Beth Levine, MSW

Location: 3930 Knowles Avenue #200, Kensington MD 20895

Info: 301-279-7779

Date: October 25, 2008

Time: 10:00 am – 2:00 pm

Cost: Members: \$60 / Non-Members \$100

CEUs: 4 Hours

■ Effective Treatment for Autistic Spectrum Disorders: An Eco-Systemic Approach

Increasing evidence demonstrates that Autism Spectrum Disorders (ASDs) have genetically based etiologies. At the same time, individuals with autism both impact and are impacted upon by their social environments. Working with families, school systems, other health care practitioners, and social service systems is an integral part of any effective treatment for individuals with autism. This course will assist clinicians in working with families and larger systems to help autistic children and adults to lead more fulfilling, productive lives. Bring your own lunch.

Instructor: Jonah Green, MSW

Location: 7643 Leesburg Pike, Falls Church, VA 22043

Date: November 2, 2008

or

Location: 3930 Knowles Avenue #200, Kensington MD 20895

Date: January 18, 2009

Time: 10:00 am – 2:00 pm

Info: 301-466-9526

Cost: Members: \$60 / Non-Members \$100

CEUs: 4 Hours

■ An Overview of Neurofeedback for Clinical Social Workers

This four-hour course will describe and explore clinical applications using Neurotherapy interventions for clients with PTSD, traumatic brain injury, pain, chronic health conditions, and cognitive problems. Neurotherapy assessment data gives valuable information about difficult-to-treat clients. The burgeoning contribution of neurological research to understanding central nervous system (CNS), and autonomic nervous system (ANS)

functioning in relation to DSM conditions offers new tools for therapist and client. Case illustrations will be presented. Ongoing Neurofeedback research data for PTSD/TBI with Iraq service members, will be presented, as well as published research outcomes with fibromyalgia, and TBI. EEG patterns will illustrate the relationship between history, current psychosocial functioning, and predictive value for appropriateness of Neurofeedback treatment. Time permitting, an EEG map will be offered to a participant as a demonstration

Instructor: Mary Lee Esty, PhD

Location: 7920 Norfolk Avenue #200, Bethesda MD 20814

Info: 301-652-7175

Date: February 21, 2009

Time: 9:00 am – 1:00 pm

Cost: Members: \$60 / Non-Members \$100

CEUs: 4 Hours

■ Freeing Your Inner Voice: Self-Care for the Therapist

Resonance...attunement...sympathy...instrument...all are words of music. And therapy. Therapists use themselves and their voices to be a healing presence. Recent brain studies show what singers and healers have intuitively known, that music, especially when performed and not just listened to, deeply affects our self-regulation, calms our sympathetic nervous system, helps us concentrate and remember, changes brainwave frequency, and reduces depression and anxiety. Freeing the voice can take many forms, all for the benefit of the therapist and thus for our clients. This workshop hopes to provide a fun way to open us up for more capacity for staying in the present, listening, speaking the truth, and enjoying.

Instructor: Connie Ridgeway, MSW

Location: 4115 Wisconsin Avenue NW #203
Washington, DC 20016

Info: 202-966-8230

Date: March 18, 2009

Time: 9:30 am – 12:30 pm

Cost: Members: \$45 / Non-Members \$75

CEUs: 3 Hours

■ Book Review: The Brain and the Inner World by Mark Solms and Oliver Turnbull

We will discuss *The Brain and the Inner World: An Introduction to the Neuroscience of Subjective Experience*. Solms has published several works exploring relationships between psychoanalysis and neuroscience, his dual passions. The authors assure the reader, "This is very much a beginner's guide to the brain. It makes virtually no assumptions about previous knowledge of neuroscience." Topics include consciousness and the unconscious, emotion and motivation, dreams and hallucinations, the self and the neuroscience of the "talking cure," as well as future implications.

Instructor: Diane Rainey, PhD

Location: 7700 Leesburg Pike #425, Falls Church VA 22043

Info: 703-734-1103

Date: May 22, 2009

Time: 1:00 pm – 3:00 pm

Cost: Members: \$30 / Non-Members \$50

CEUs: 2 Hours