

GWSCSW Continuing Education 2011–2012

■ Addicted to Resistance: Lessons From the World of Addiction Treatment

Substance abuse disorders are often viewed as difficult to treat. This perception is fueled both by pragmatic issues and by the belief that substance abusing patients are resistant to change. The goal of this training will be to explore real and imagined issues in the treatment of substance abusing clients and help provide strategies to work with clients who are uncertain about important changes they need to make in their life. These strategies are helpful not only in the treatment of substance abuse disorders, but in addressing issues of resistance and uncertainty about change in almost any client.

You will learn about the Stages of Change Model developed by James Prochaska and Carlo DiClemente and techniques developed by William Miller and Stephen Rollick for increasing motivation for change and addressing resistance. Other issues reviewed will include biochemical aspects of addiction, co-occurring disorders, tolerance and withdrawal, drug testing, and resources available in the community to help you improve care for your substance abusing clients.

Date: **Tuesday, October 18, 2011**

Time: 8:30 AM – 1:00 PM

Location: Easter Seals Inter-Generational Center
1420 Spring Street, Silver Spring, MD 20910

Instructor: Evan Marks, MSW, LCSW-C, CPC-AD

Info: evanmarks.lcsw@gmail.com 240-547-7497

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours

■ Bringing Your Therapy Practice into the Digital Age

This course is designed for the therapist who may have limited use or experience working with technology. Health care technology growth and change is rapid, and therapists may be challenged to adapt. This course illustrates how to easily keep records on a Windows PC or a Macintosh computer. It includes a demonstration of a spreadsheet application such as Microsoft Excel and a word processing program such as Microsoft Word. Such available software often comes standard on computers to organize and retrieve case data, keep financial records, and thus reduce dependence on paper.

Date: **Saturday, November 5, 2011**

Time: 9:30 AM – 1:00 PM

Location: Washington Apple Pi
12022 Parklawn Drive, Rockville, MD 20852

Instructor: Leonard Adler, MSW, LCSW-C

Info: leonard.adler@verizon.net 301-460-3111

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

■ Losing Our Minds: A Public Health Epidemic

Dementia, which gradually destroys the minds of those it afflicts, is one of the most frightening and devastating diseases of our time. Currently more than 5 million Americans have been diagnosed with dementia. With the aging of our population, this number is expected to double by the year 2040, making it a public health epidemic. This course will provide participants with a comprehensive overview including how to distinguish between dementia, Mild Cognitive Impairment and normal age-associated memory loss; risk factors, prevention and current research directions. Participants will also learn about treatment interventions for people with dementia and their care partners, community resources and ethical issues.

Date: **Monday, November 7, 2011**

Time: 9:00 AM – 12:30 PM

Location: Easter Seals Inter-Generational Center
1420 Spring Street, Silver Spring, MD 20910

Instructor: Terry Ullman, MSW, LCSW-C, ACSW

Info: tlullmanmsw@gmail.com 301-854-1121

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

■ An Introduction to Child-Centered Play Therapy

Child-Centered Play Therapy is the method of play therapy developed by Virginia Axline, an associate of Carl Rogers. It follows the Client-Centered principle of creating a non-judgmental, emotionally supportive therapeutic atmosphere while also providing clear boundaries that encourage the child to learn emotional and behavioral self-regulation. Research has validated this to be a powerful method for decreasing a wide range of child emotional problems as well as for building self-esteem and more mature, pro-social behaviors. CCPT is based on eight clear-cut principles applied in a systematic way that equip the therapist with a method uniquely capable of handling the many challenges of playing therapeutically with children and achieving predictably positive results. This workshop is recommended for all clinicians who work with children as well as school counselors and child-welfare personnel.

Date: **Friday, November 18, 2011**

Time: 9:00 AM – 4:30 PM

Location: 4400 East-West Hwy #28, Bethesda, MD 20814

Instructor: Robert Scuka, PhD, MSW, LCSW-C

Info: robscuka@earthlink.net 301-530-5271

Cost: Members \$90 / Non-Members \$150

CEUs: 6 hours

Supervision Certification

The courses described here can either be taken individually or together for a total of 12 hours of supervision credit toward the certification required by Maryland (12 hours) and Virginia (14 hours) to supervise MSW graduates working for a full clinical social work license.

■ Ethics of the Supervisory Relationship: Power, Trust and Shared Meaning

Because of the fact that supervision is the primary vehicle through which one learns clinical practice and because of the phenomenon of parallel process, a good relationship between supervisor and supervisee is essential. This four-hour workshop introduces participants to a conceptual model that explains the fundamentals of the supervisory relationship and identifies inherent ethical considerations. Participants will have an opportunity to work with self-reflection questions about the basic elements of the relationship: power, trust, and shared meaning. This workshop is first in a series of three that can be taken to fulfill a 12 certification in supervision. It also meets criteria as an ethics workshop.

Date: **Friday, October 21, 2011**

Time: 8:00 AM – 12:30 PM

Location: Easter Seals Inter-Generational Center
1420 Spring Street, Silver Spring, MD 20910

Instructor: Tamara L. Kaiser, PhD LICSW LMFT

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours (Ethics)

■ Additional Two Hours

For those needing an additional two hours to complete the Virginia requirement. Those signing up for the additional two hours must complete the entire supervision series. Format of the additional hours will be determined based on enrollment.

Cost: Members \$30 / Non-Members \$50

CEUs: 2 hours

■ Cross-Cultural Supervision

This workshop will address issues related to cross-cultural supervision and includes a discussion of the dynamics of power, trust and shared meaning (from the first workshop) as they relate to a cross-cultural supervisory relationship. The presenter will introduce a model based on dialectic thinking. Participants will review a self-assessment tool that they can use with their supervisees in order to develop a deeper understanding of each other's cultural context and the impact of that context on their work. This workshop can be taken as part of a three session series to fulfill a 12 hour certification in supervision. It also meets criteria as training in diversity.

Date: **Friday, March 4, 2012**

Time: 8:00 AM – 12:30 PM

Location: 1420 Spring Street, Silver Spring, MD 20910

Instructor: Tamara L. Kaiser, PhD LICSW LMFT

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours (Diversity)

■ Practicum on Supervision

This 4-hour workshop will be an opportunity for participants to apply material from the first two workshops of this series through case presentation and consultation. Recruited participants from the two previous workshops will work with the presenter throughout the year regarding both the use of self-reflection tools with their supervisees as well as challenges in supervision encountered in their practice. Those recruited will do formal case presentations followed by discussion. Other participants will be invited to share cases of their own. This workshop can be taken as part of a three session series to fulfill a 12 hour certification in supervision.

Date: **Friday, May 4, 2012**

Time: 8:00 AM – 12:30 PM

Location: 1420 Spring Street, Silver Spring, MD 20910

Instructor: Tamara L. Kaiser, PhD LICSW LMFT

Cost: Members \$60 / Non-Members \$100

CEUs: 4 hours

GWSCSW Study Groups

A study group can be a wonderful resource for Society members. Members establish the size, time, place, frequency, content and learning objectives of the group. Generally these groups are led by peers, though they may be leader-led. Group discussion may utilize resources such as books, articles, films, case examples, or even call upon relevant outside expertise. The chair of the Continuing Education committee and the vice president (education) are available for consultation. The GWSCSW Continuing Education committee has developed procedures to award CEUs to study groups participants.

Each study group should select a coordinator to record attendance, document educational content for each session, and submit the

following to the Continuing Education Committee:

1. Learning objectives
2. Education content, including a bibliography
3. List of participants
4. List of attendees for each meeting
5. Evaluation forms from each attendee at the end of the academic year.
6. A check for \$15 per person, payable to GWSCSW.

For more information, contact the Continuing Education chair: Marie Choppin, mchoppin@counselingforcontentment.com or 301-625-9012.

■ **Understanding, Encouragement, and Limits: Adlerian Approaches to Working with Parents**

Alfred Adler (1870-1937) was an early psychoanalyst who believed that all individuals strove for a sense of connection and competence, and considered peoples' difficulties as resulting from discouragement and faulty adaptations towards these goals rather than pathology. During his lifetime Adler strove to apply his ideas beyond the analytic setting through outreach and education. Over the last several decades Adler's ideas have had a particular impact on parent education. Adlerian parenting education has developed into a comprehensive method that teaches parents to understand children's motivations, and to foster growth and development via the use of encouragement and limits. During this workshop students will learn an overview of Adler's ideas on child-rearing and specific techniques for training parents in an Adlerian style.

Date: **Friday, December 2, 2011**

Time: 8:30 AM – 12:00 NOON

Location: 3930 Knowles Avenue, Suite 200
Kensington, MD 20895

Instructor: Jonah Green, MSW, LCSW-C
Annie Scheiner, LCMFT

Info: jgreen1769@aol.com 301-466-9526

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

■ **If Disney Ran Your Practice: Applying Customer Service Tenets to Your Private Practice**

This training will help you improve your practice by applying customer service standards to the way that you help your clients. Starting with explaining what good customer service looks like, we'll apply that knowledge to your individual practice. Using personal examples, you'll get tips on how to tweak your practice to respond to the needs of current and potential clients. By applying these techniques, you should have more satisfied clients and referral sources which will lead to future referrals.

Date: **Friday, January 13, 2012**

Time: 10:00 AM – 1:30 PM

Location: Bethesda Library
7400 Arlington Road, Bethesda MD 20814

Instructor: Ann Turner, PhD, LCSW-C, CEAP

Info: ann@annturner.com 301-922-2345

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

**For questions, call 202-537-0007
or email gwscsw@gmail.com**

■ **Infidelity and Affairs: Helping Couples Heal their Broken Hearts**

The disclosure of an affair is among the most devastating and painful experiences that couples face. It is also one of the most challenging and complicated problems encountered in therapy. This workshop will examine various forms of infidelity, the impact of its discovery on each spouse and the marriage, and issues of recovery and treatment. Some of the challenges encountered in treatment include: how much about the affair should be disclosed, how to help with shattered trust, hyper vigilance, and anxiety, and how to build empathy between the partners. Some important insights that have been gained in understanding and treating infidelity and affairs will be reviewed. In addition, a framework for the treatment of infidelity rooted in Relationship Enhancement Therapy will be presented. The instructor will present a live demonstration and illustrative case material. Participants are encouraged to bring case material for discussion, as well.

Date: **Wednesday, February 15, 2012**

Time: 9:00 AM – 4:30 PM

Location: 4400 East-West Hwy #28, Bethesda, MD 20814

Instructor: Robert Scuka, PhD, MSW, LCSW-C

Info: robscuka@earthlink.net 301-530-5271

Cost: Members \$90 / Non-Members \$150

CEUs: 6 hours

■ **Adoption As Trauma: Clinical Implications for Effective Treatment of Adoptees in Practice**

Adoption is often society's "nice neat solution" to a tragic situation. The myriad of situations that lead to a baby or a child being disconnected from their biology, identity and families is so traumatic for the adoption triad (birth parents, adoptive parents and adoptee) that it is rarely spoken of as such. In the past 30 years there has been an increasing body of literature and research documenting the common responses in adoptees to this "primal wound" which parallel the symptoms of post traumatic stress disorder. This workshop will outline existing literature and resources on the complicated reactions to adoption trauma in adoptees. Clinical examples will be shared to illustrate how to accurately identify and interpret the symptoms an adoptee experiences. Clinicians will be empowered with concrete information and statistics about adoption trauma in order to normalize, validate and ultimately empower their adoptee clients to integrate their adoption experience. Effective trauma intervention and treatment strategies will also be outlined and community resources will be shared.

Date: **Friday, March 9, 2012**

Time: 9:30 AM – 1:00 PM

Location: 1555 Connecticut Avenue NW, Suite 301
Washington, DC 20036

Instructor: Julie Lopez, PhD, LICSW

Info: Julie@vivapartnership.com 202-265-1000x1

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

**■ Straight Clinician/LGBT Client:
Bridging the Gap**

The course is a lively and practical guide to the many issues confronting straight therapists working with members of the LGBT community. The presenters encourage awareness of the sensitivity of racial, cultural, religious, class and gender issues among this population, and stress the importance of learning from each client and not making assumptions based on preconceptions or stereotypes of LGBT concerns. The last 20 years have seen dramatic shifts in the general acceptance of gay, lesbian and bisexual individuals, as well as the explosion of trans awareness and activity powered through the internet and other media into the everyday world. Now, as a result of homophobia and other traumatic experiences, these individuals are increasingly likely to seek competent and empathetic therapy.

Date: **Saturday, April 28, 2012**

Time: 11:00 AM – 2:30 PM

Location: Tenely Public Library
4450 Wisconsin Avenue, Washington DC 20016

Instructor: Grace Riddell MSW, LICSW, LCSW-C, MEd
Larry Cohen MSW, LICSW, ACT, DCBT, CGP
R Jane Gould MSW, LICSW, LCSW-C, LCSW

Info: griddell@lgbtc.com 301-942-3237

Cost: Members \$45 / Non-Members \$75

CEUs: 3 hours

■ Working With Dreams

In this workshop, you will become aware of one of the most intimate conversations we can have with ourselves—dream work—and explore how it can be a powerful technique to use in your work. Since dreams are the gateway into the unconscious, the symbolic representations in a dream state are the players giving voice and meaning to the client’s own dissociated or integrated parts. The focus will be on processing different types and pieces of dreams: premonitions, recurring dreams, nightmares, lucid dreaming, changing the outcome of a dream, or finishing an unfinished dream. Participants will experience the use of guided imagery, meditation, artistic expressions, movement and role-playing as techniques to enhance the client’s ability to interpret their inner world. Archetypes, symbols and active imagination taken from a Jungian theoretical basis will be utilized to help interpret the dream state. Individuals are encouraged to bring in their dreams or client’s dreams to share and interpret as a way of deepening the levels of understanding.

Date: **Friday, May 11, 2012**

Time: 8:45 AM – 4:00 PM

Location: 10726 Brewer House Road
North Bethesda, MD 20852

Instructor: Vivien B. Deitz, MSW, LCSW-C, BCD

Info: vivdeitz@mac.com 301-770-1111

Cost: Members \$90 / Non-Members \$150

CEUs: 6 hours

LATE REGISTRATION Register early—many of the courses fill up quickly. Pre-registration ends one week prior to date of workshop. After that date, there is a \$10 late registration fee. **REFUNDS** Cancellations made prior to one week before the course will receive GWSCSW credit. There are no refunds for cancellations made less than one week prior to the course.

GWSCSW COURSES REGISTRATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____ Office Phone (_____) _____

E-Mail _____

Courses Title:	Date:	Course Fee	Late Fee
_____	_____	\$ _____	\$ _____
_____	_____	\$ _____	\$ _____
TOTAL		\$ _____	\$ _____

PAYMENT INFO

Check (payable to GWSCSW) \$ _____

Charge to my VISA or MasterCard \$ _____

Credit Card Billing Address is same as above

Billing Address _____

_____ Zip _____

Credit Card # _____ - _____ - _____ Exp ____/____

Please return to:

GWCSWS

PO Box 3235

Oakton VA 22124

or if paying with credit card,
you may fax to 703-938-8389